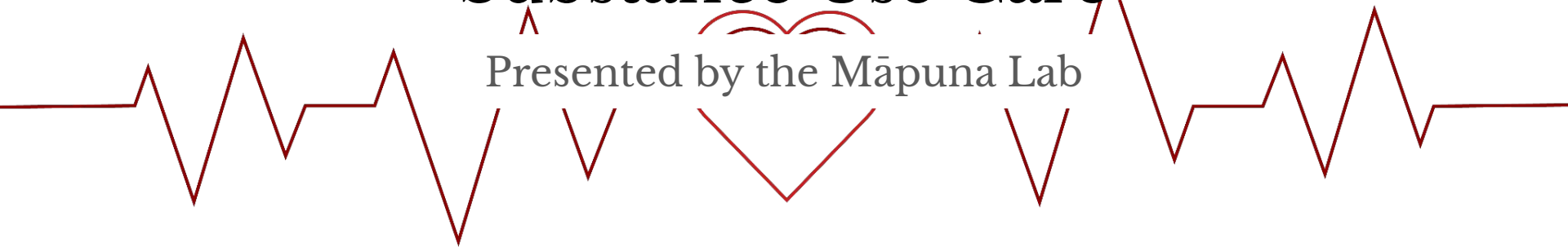# Intersections of Health & Technology in Substance Use Care

Presented by the Māpuna Lab

Opening Protocol
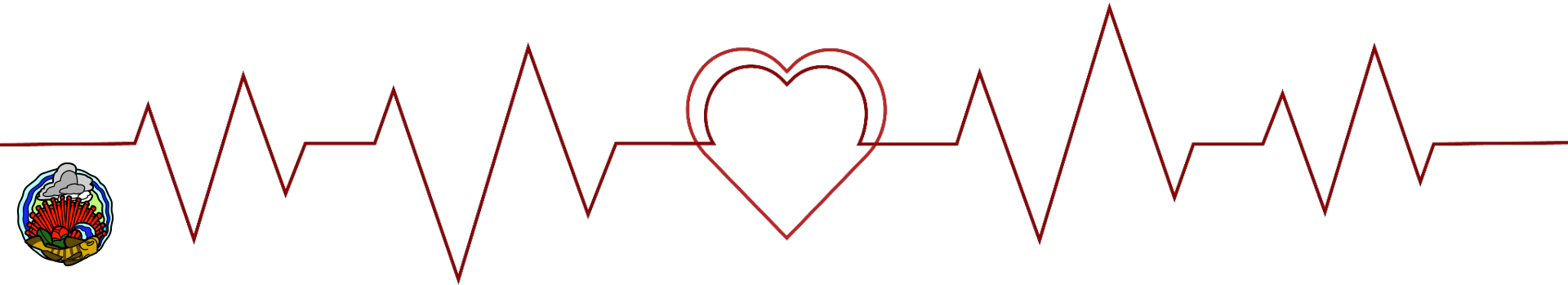
Image Description:
Depicted to the right is an **ahu** adorned with hoʻokupu of pūʻolo, lēi lāʻī, and paʻakai symbolizing the wealth of blessings and knowledge that our training series offers to participants this summer.
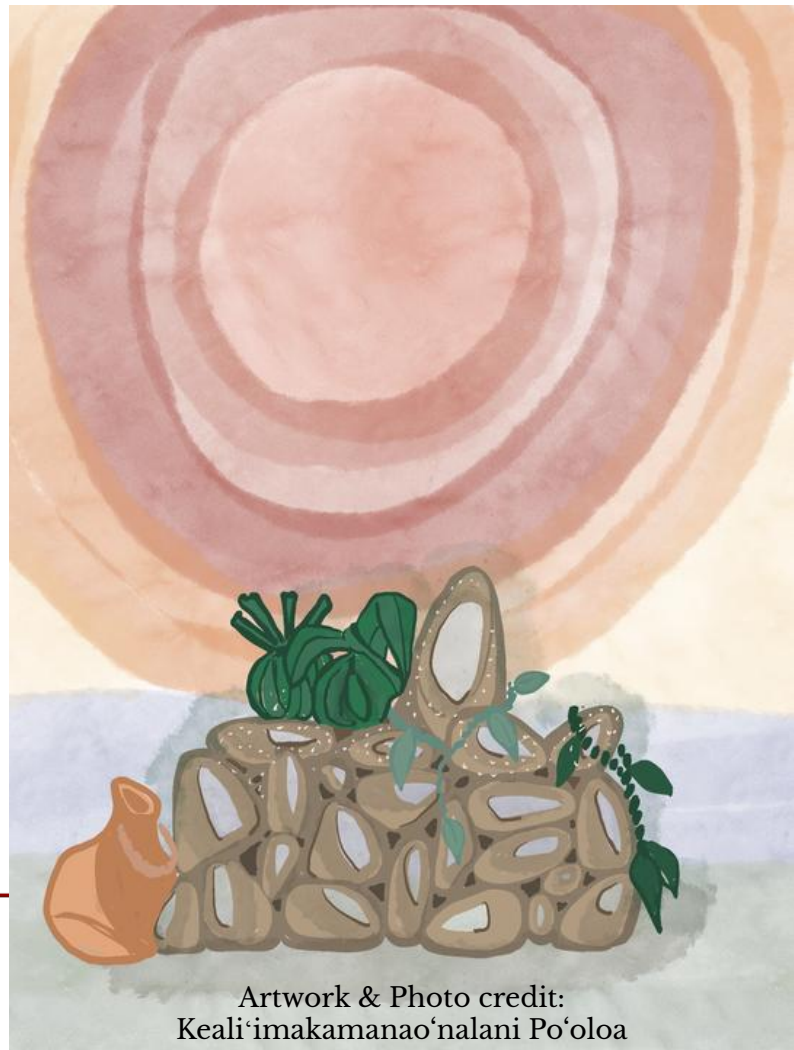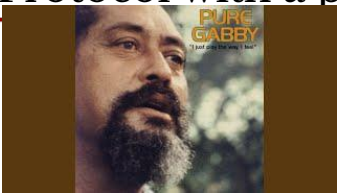
Please take some time to introduce yourself in the chat.
Who are you?
What mountain and waters do you belong to?
Where are you tuning in from?

If you have the means to do so, feel free to grab some water and a bite to eat before settling in. We'll begin the Opening Protocol with a pū shortly.


Artwork & Photo credit:
Kealiʻimakamanaoʻnalani Poʻoloa

Hū Ka Wai Māpuna

Arranged by Kauilanuimakehaikalani Kealiikanakaoleohaililani

Hū ka Wai Māpuna
Māpuna kapu ka hāhā
Haʻa inu, Haʻa ola
Haʻa kapu, Haʻa noa
E nā kupukupu
O nā kupuna e
E mālama ka māpuna
Mālama ka māpuna e
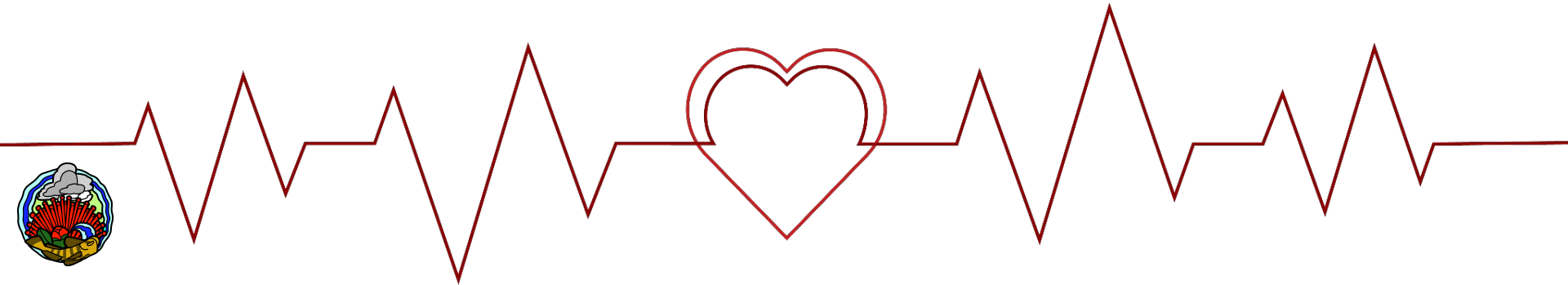I ola loa e, i mauli ola e.

Conflict is the catalyst for evolution
More to surface, less to hide
Held by systems of ancestral resilience
I sustain the process of truth-telling,
healing, and emotional intelligence
to heal generational trauma and disparity
to go beyond performative health
to truly be well
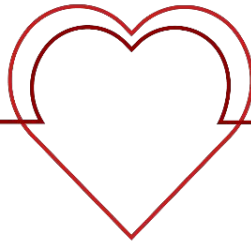
ʻO Wai Au

ʻO wau ʻo Marion Ano. Noho mai ma Nuʻuanu.

ʻO Uakoko kuʻu ua. ʻO Koʻolau kuʻu mauna!

Ho'i ka 'o'opu 'ai lehua i ka māpunapuna
The lehua-eating goby returns to the spring.
## Said of one who has gone back to the source.
(Pukui #1034)

The MĀPUNA LAB is a place of respite for those experiencing colonial trauma. Our work is na'au centered and focused on health and healing. Guided by 'ōhi'a lehua as our teacher, an endemic Hawaiian tree, we work in reciprocity and partnership in healing the chronic and existential pain of historical and intergenerational trauma with our Pacific Islander brothers and sisters.

Viewing the land as our communities and health as water cycle resilience, the lab looks to the cloud catching, truth-telling, 'ōhi'a lehua (*Metrosideros polymorpha*) for ways to ho'i ka wai, to remove seen and unseen emotional blockages to restore waters (waiwai) stolen by trauma.

Aimed at creating safe spaces for co-learning, the Māpuna Lab convenes all those who believe that when Indigenous leadership is uplifted, wellness is accessible to all.

Mapunalab.com
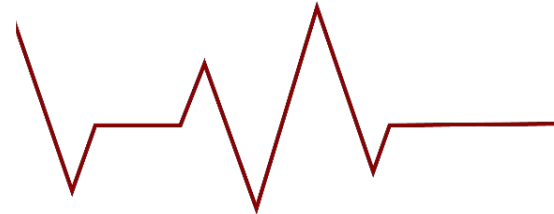
Learning Objectives

Participants will engage in an immersive learning experience and learn how the Intersections of Health & Technology fit into the SAMHSA's Working Definition of Recovery.

Participants will learn to navigate ethics within the intersections of technology and substance use care using *The Impacts of Colonization on Ahupuaʻa. Conceptualization, V3.0.*

Participants will understand how to utilize *The Impacts of Colonization on Ahupuaʻa. Conceptualization, V3.0* to improve the integration of health and technology, as it relates to substance use and recovery.
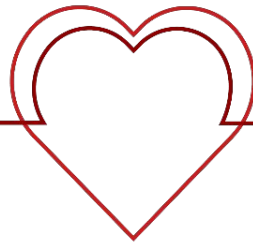
Agenda

1. Opening Protocol

2. Consent to Deepen

3. A Brief Landscape of Intersections of Technology & Healthcare

4. Ethics of Technology in Healthcare

5. Break

6. The Use of AI in Food System Planning and Policy Formation

7. Future of Technology in Health

8. Closing   Protocol

Consent To Deepen

E nā kupukupu o nā kupuna, e mālama ka māpuna

It is through our ancestral memory we acknowledge our systems of support that surround us, bear witness to our own resiliency, so that we may participate in the process of truth-telling, healing and emotional intelligence.
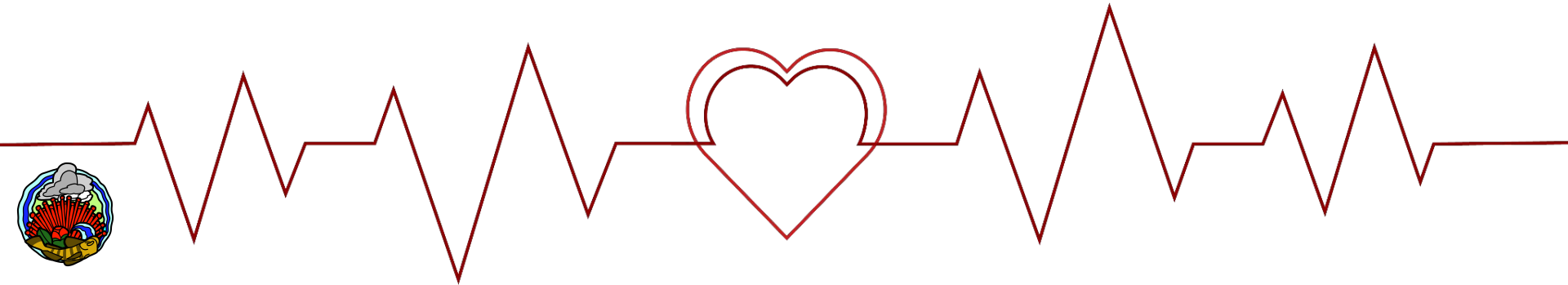
Framework Overviews:

SAMHSA's Working Definition of Recovery

"A standard, unified working definition [of recovery] will help advance recovery opportunities for all Americans, and help to clarify these concepts for peers, families, funders, providers, and others."

- Hope
- Purpose-Driven
- Many Pathways
- Holistic
- Peer Support

- Relational
- Cultural
- Addresses Trauma
- Strengths/Responsibility
- Respect

[SAMHSA's Working Definition of Recovery](#)

12 Core function of a Substance Abuse Counselor (CSAC)

Substance abuse counselors are expected to show competency in the 12 Core Functions of substance abuse treatment.

- Screening
- Intake
- Orientation
- Assessment
- Treatment Planning
- Counseling

- Case Management
- Crisis Intervention
- Client Education
- Referral
- Report and Record Keeping
- Consultation with other Professionals in Regard to Client Treatment and Services
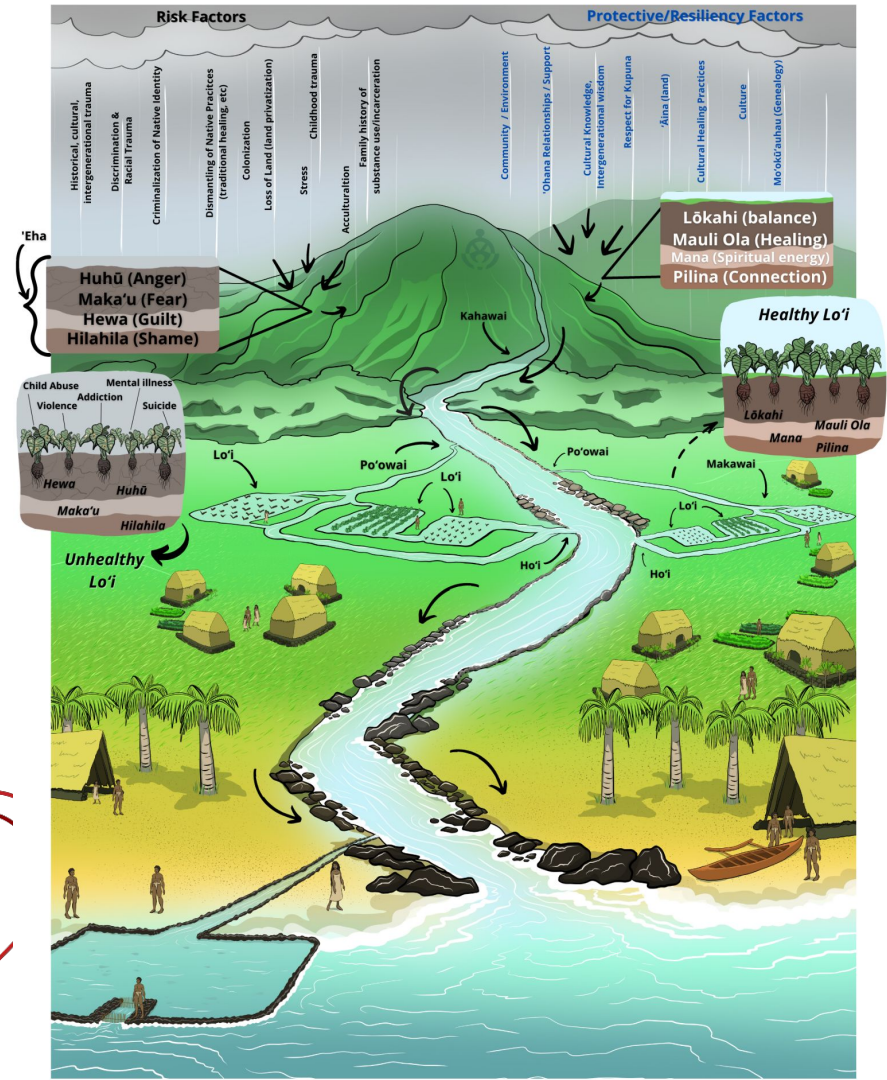
[CSAC](#)

Papa Ola Lōkahi

The Impacts of Colonization on Ahupuaʻa. Conceptualization, V3.0

Questions to consider:

What is your ahu?

What is your puaʻa?

Ahupuaʻa Model

Risk Factors — Protective/Resiliency Factors

'Eha

Historical, cultural, intergenerational trauma; Discrimination & Racial Trauma; Criminalization of Native Identity; Dismantling of Native Practices (traditional healing, etc); Colonization; Loss of Land (land privatization); Stress; Childhood trauma; Acculturation; Family history of substance use/incarceration

Community / Environment; 'Ohana Relationships / Support; Cultural Knowledge, Intergenerational wisdom; Respect for Kupuna; ʻĀina (land); Cultural Healing Practices; Culture; Moʻokūʻauhau (Genealogy)

Huhū (Anger); Makaʻu (Fear); Hewa (Guilt); Hilahila (Shame)

Lōkahi (balance); Mauli Ola (Healing); Mana (Spiritual energy); Pilina (Connection)

Healthy Loʻi

Lōkahi; Mauli Ola; Mana; Pilina

Child Abuse; Violence; Mental illness; Addiction; Suicide

Hewa; Huhū; Makaʻu; Hilahila

Unhealthy Loʻi

Kahawai; Loʻi; Poʻowai; Poʻowai; Makawai; Loʻi; Hoʻi; Hoʻi

A Brief Landscape of the Intersections of Health & Technology
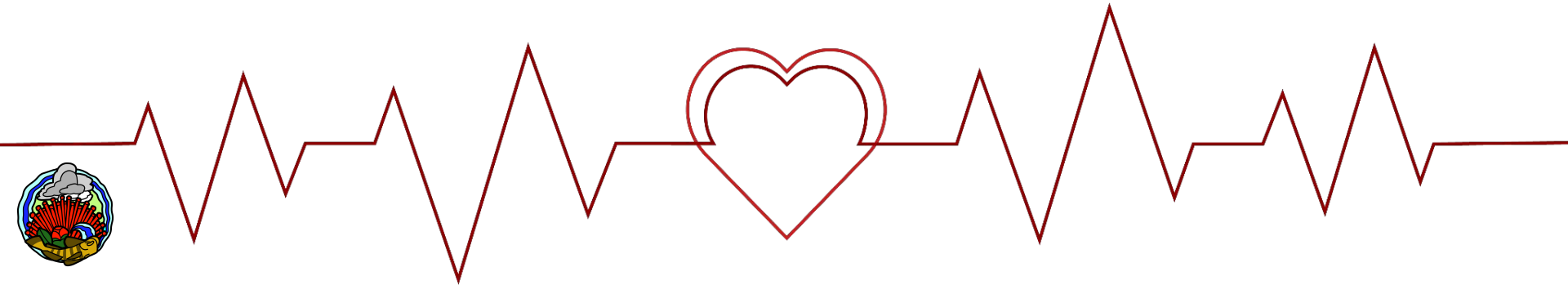
Digital Health

"Is the intersection between health and technology and uses **technological methods** and processes to **improve people's well-being** while also empowering patients to make better-informed decisions about their health."

What is Digital Health?

Telehealth

"uses of digital information and communication technologies to access health care services remotely and manage your health care."

Telehealth - Mayo Clinic

What is Digital Health?

mHealth

"is an abbreviation for **mobile health**, a term used for the practice of medicine and public health supported by mobile devices."

Wearables

Mobile Apps

15 Mental Health Apps that are Disrupting Healthcare

Wearable Technology: Apple Watch

User Centric

"This user centric and data rich user experience that Apple provides its customers could lead to more engaged, responsive, accurate, and self-reporting behavior."

Mobile App: AlcoTrack

User Empowerment

"Enabling users to to self-report and engage in real-time progress and receive consistent feedback can be an important step towards self empowerment & understanding."
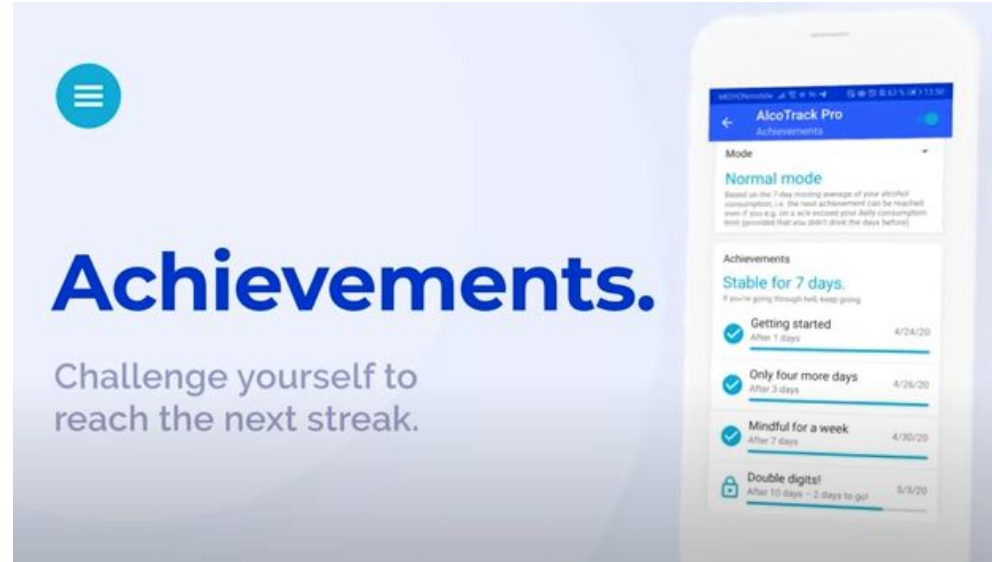
What Jobs Can Digital Health Products Accomplish?

Healthcare Providers	Patients
+Streamline processes	+Improve Communication
+Reduce Costs	+Provide Access to Services
+Improve Patient Care	+Manage Health & Well-being
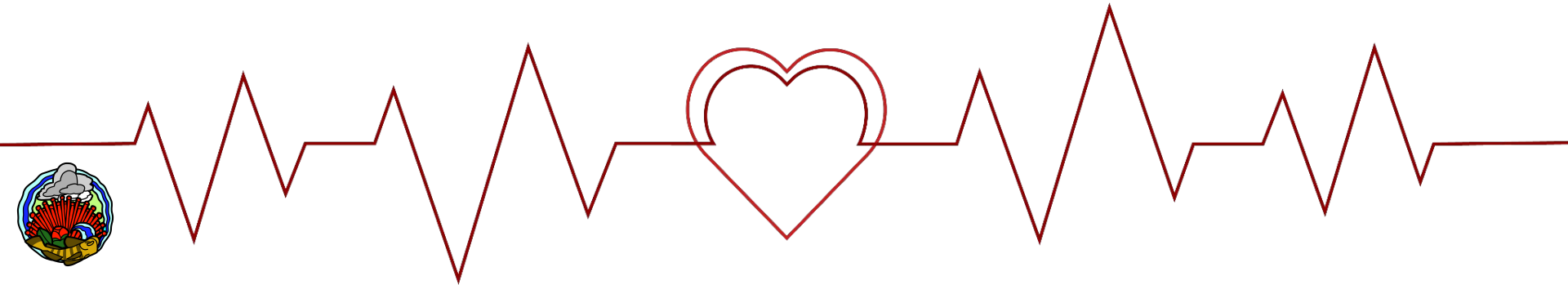
Examples of Digital Health Tools Regimen in Substance Use Care?

Stage of Care	Assessment	Treatment	Support	Prevention
Digital Health Tools	• Telehealth	• Mobile Coursework • Synchronous Online based coursework	• ChessHealth	• AlcoTrack (Self Reporting app) • Apple Watch • Fitbit

Leveraging Technology to Enhance Addiction Treatment and Recovery

Evidence - Chess Health

How Can the Ahupuaʻa model guide digital health moving forward?

Stage of Care	Assessment	Treatment	Support	Prevention
Digital Health Tools	• Telehealth	• Mobile Coursework • Synchronous Online based coursework	• ChessHealth	• Self Reporting Apps, • Wearables
Integrate Ahupuaʻa Model	+Historical, cultural, intergenerational trauma	+Community and environment	+ʻOhana Relationships	+Cultural Knowledge +Moʻokūʻauhau

How Can We Move Digital Health Forward in This Context?

"Empowering patients to make better-informed decisions about their health"
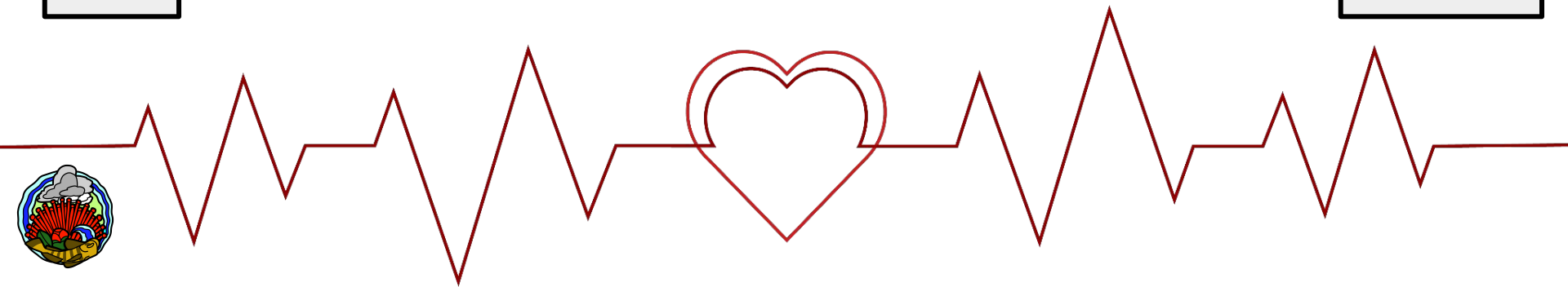
Improving & Uncertain	→	Supported & Empowered

"Can Digital Health Guided by the Ahupuaʻa Model move us towards healing?"
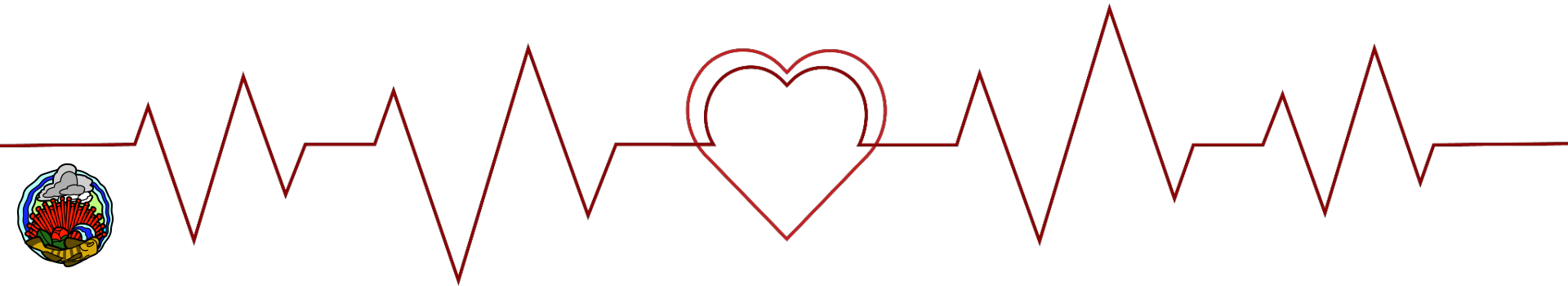
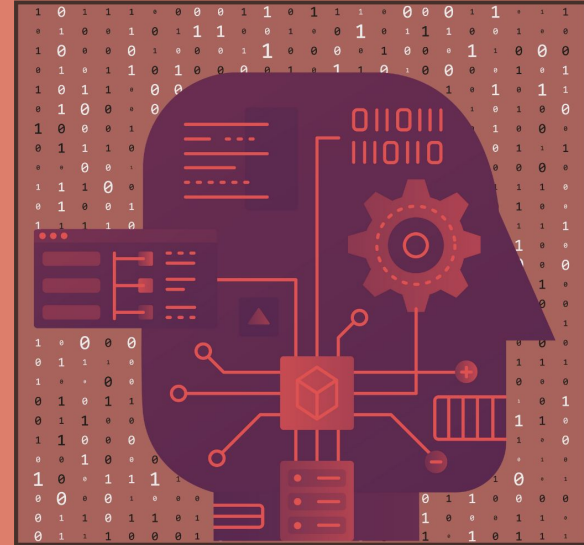| Risk	→	Resiliency

Ethics of Technology in Healthcare

What are some ethical concerns regarding the intersection of technology and health?
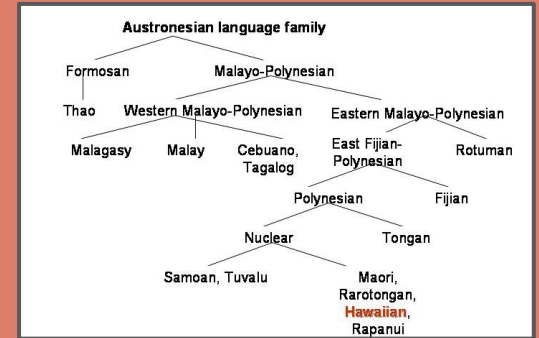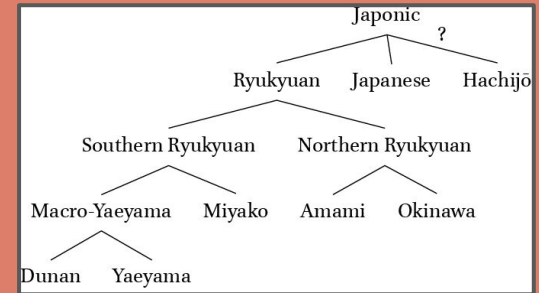
1. **<u>Technological capacity</u>**
   a. Algorithms don't question information
   b. Data ≠ knowledge

What are some ethical concerns regarding the intersection of technology and health?

2. Cultural capacity

a. AI determining which lives to value
b. Harvesting data
    i. Plagiarism
    ii. Intellectual property rights
    iii. Exploitation
c. Distortion of Indigenous culture
    i. Cultural appropriation
    ii. Teaching and recreation of biases
    iii. False histories
    iv. Inaccurate or biased data sources

What are some ethical concerns regarding the intersection of technology and health?

3. Care capacity

a. Pilina
   i. Individual-provider
   ii. Individual-'ohana
   iii. Individual-community
   iv. Individual-'āina

Hanalei Poi Company's Lo'i on the North Shore of Kaua'i, Hawai'i
([Studio Keala'ula](#))

What are some ethical concerns regarding the intersection of technology and health?

Technological capacity	Cultural capacity	Care capacity
Data ≠ knowledge	Quality of data may disadvantage minorities	Lack of pilina
Algorithms don't question information	AI determining which lives to value	
	Harvesting data without consent risks abuse	
	Distortion of Indigenous culture	

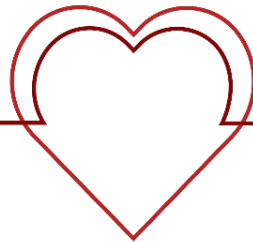# Can technology be a replacement for substance use care?
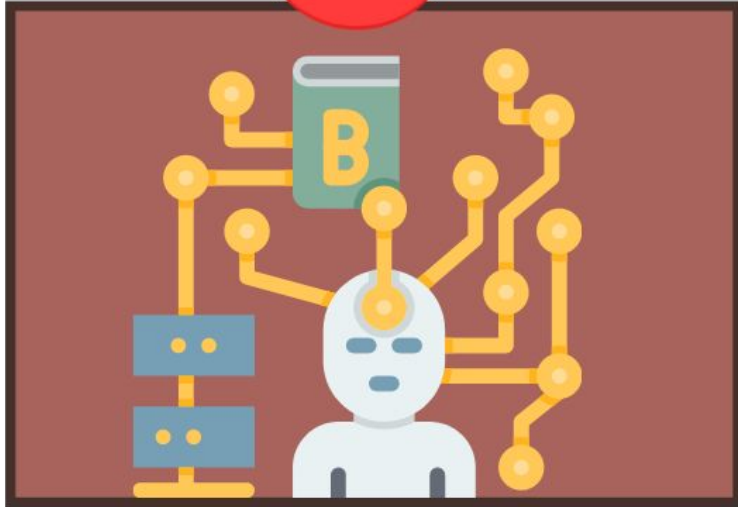
What are important ethical codes to have in place for the development of AI and digital health for substance use care?
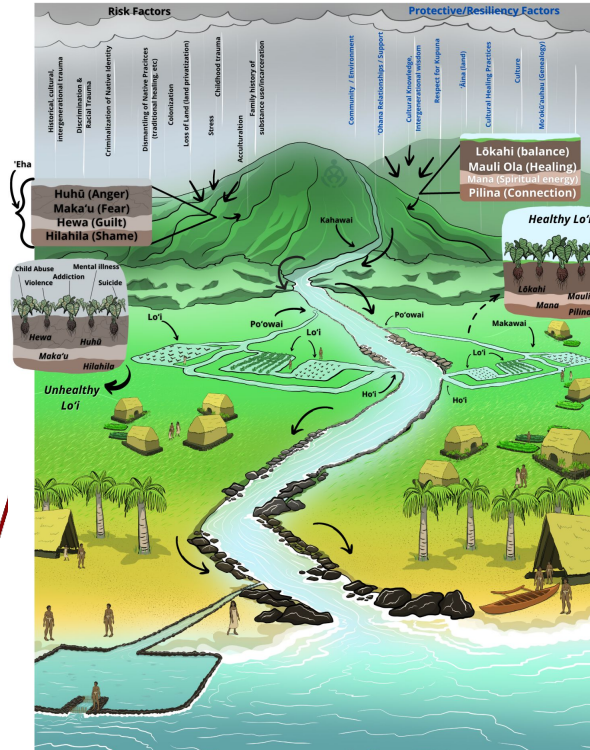
Pilina

Data sovereignty

Self determination

How can we utilize the ahupuaʻa model to help us build out the ethical codes for our communities?

Risk factor that technology addresses:
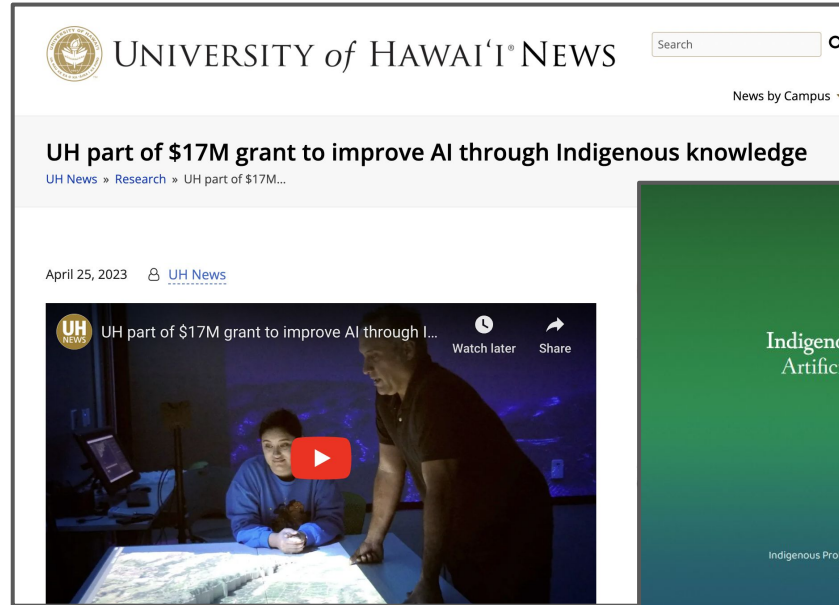- <u>Acculturation</u>: Dominant modes of thought/narratives of history

Protective/resilience factors that technology offers:
- <u>Community/Environment</u>: Harnessing what's out there
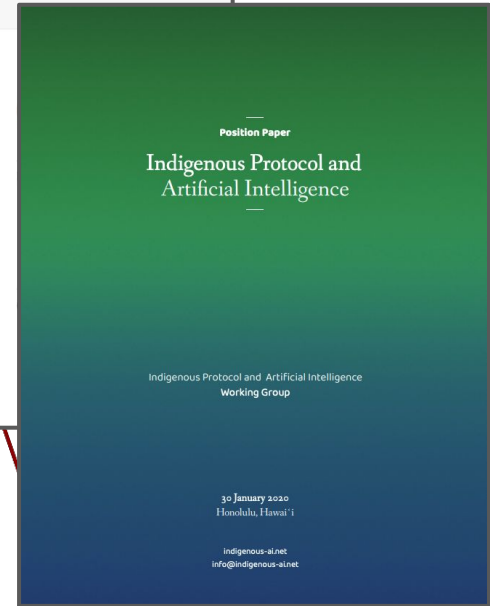- <u>Cultural knowledge</u>: Technology is a tool for knowledge

New Frontiers in Research Fund

- UHWO Create(x) digital emerging lab
- Project: "Abundant Intelligences: Expanding Artificial Intelligence through Indigenous Knowledge Systems,"

UNIVERSITY *of* HAWAIʻI® NEWS

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News by Campus

UH part of $17M grant to improve AI through Indigenous knowledge

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[UH part of $17M grant to improve AI through Indigenous knowledge](#)

Position Paper

Indigenous Protocol and Artificial Intelligence

Indigenous Protocol and Artificial Intelligence
Working Group

30 January 2020
Honolulu, Hawaiʻi
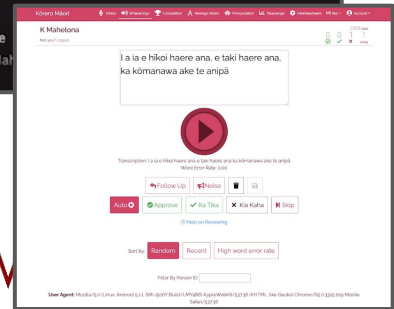
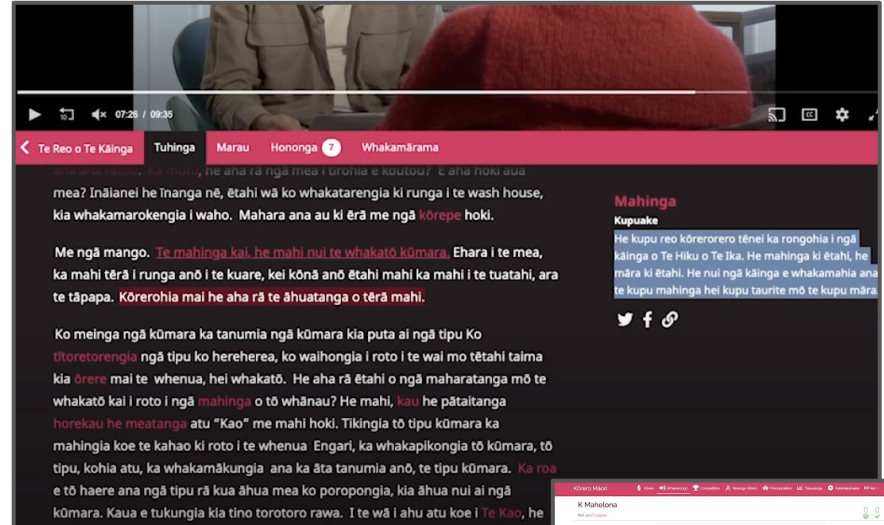indigenous-ai.net
info@indigenous-ai.net

[Indigenous Protocol and Artificial Intelligence Position Paper](#)

Te reo Māori Speech Recognition

- A story of community, trust, & sovereignty
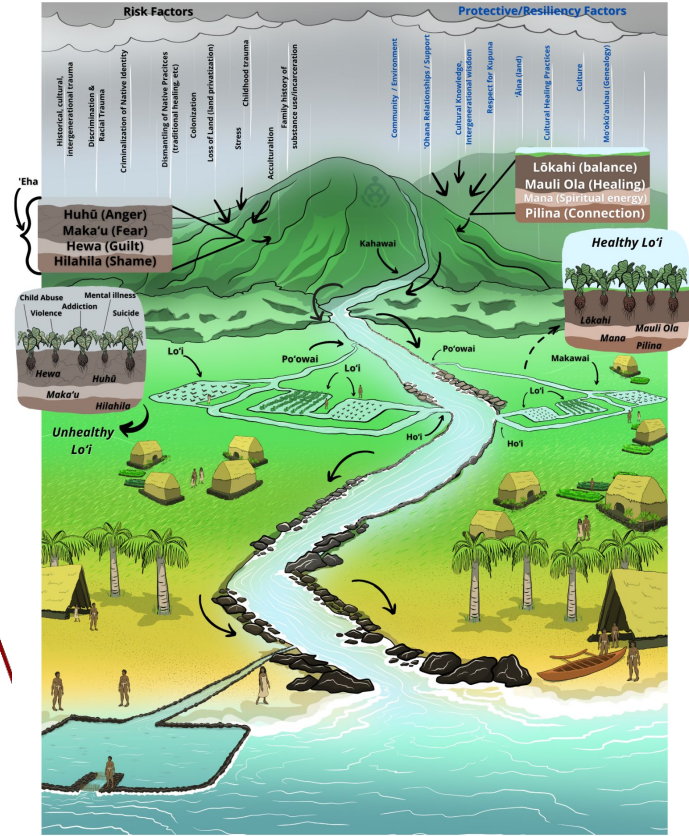- By Te Hiku Media
- Presented by Keoni Mahelona

Indigenous Knowledge Graph (IKG)

- By Intelligent Voices of Wisdom (IVOW)
- To preserve culture through AI and counter biases
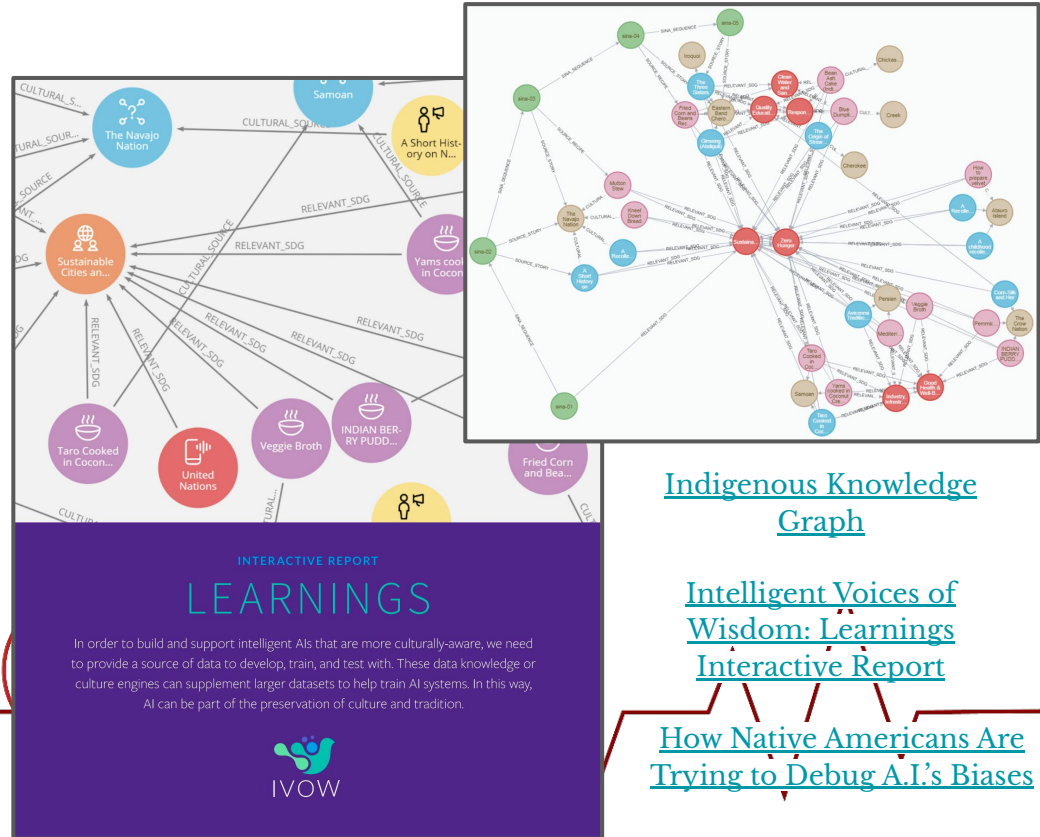
How do we ensure that technology does no harm?

- The only "right way" to develop technology is by the people for the people
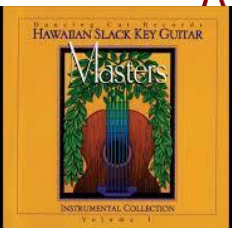- Pilina, data sovereignty, and self determination

Break

Word Search

1. Ahu
2. Pua‘a
3. Health
4. Technology
5. Empowerment
6. Assessment
7. Treatment
8. Support
9. Prevention
10. Ethics
11. Tool
12. Data
13. Sovereignty
14. Acculturation
15. Policy
16. Artificial
17. Intelligence
18. Future
19. Integration
20. Bot
21. Learning
22. Screening
23. Community
24. Connection
25. Welcoming


```
Q F L A H N F G O X T X N O I T N E V E R P S U K
G F S U X G R S J U D Z T N E M T A E R T Y X E E
I V Q H S G H H Y G P W D O X D I S D O H V D N J
U Q L M F N B G J D B O Y X K S J Q X T V A E U U
G N K E R I A C E R U T U F U L U N N S T U S Y Q
W N P N H M J G B G K Z U T U R A U D A L Y B L C
S F M B G O T E C H N O L O G Y H U C R K U S I N
J A Y M A C U H D V H B K S P L W H I Y O B S A O
T S X R J L K N Z T H J L I B I G G E P U A ‘ A I
C E L K V E U X H T N A C C U L T U R A T I O N T
O M H Y O W I Z L I P E T D Y S L D V B B P C B A
N P W E Z K D A H E E X M A G N X V P F I H Q U R
N O R O Z E E W Y B T T Z S O N M W I X M N V S G
E W W E Y H Z N Z S H H E D S D I N W S L O E G E
C E L L R B W O I Z D A Y V Z E T N L D A E G F T
T R O R U L V C K U E Z O Z T E S V R V D Y N R N
I M O I S A R T I F I C I A L I N S Z A L V I E I
O E T X C P O L I C Y L M L M M R X A X E J N A S
N N B Z I E X D F M K Y I N N Z Z P D V D L E Z V
L T T H H I Y X P I P G X M P R R A H U Q K E Q J
K J Q V T Y T N G I E R E V O S T P Z Q E B R L T
O Y F O E G T V S N U F I M O E H T Y B Y K C W M
K M I E B D T R C H P E B H G B Y P O R O S S O C
Z K Q T Q W G E E Y T I N U M M O C N Y I T S F Q
E E C F C A B B M O O D S U I A F T R O P P U S Z
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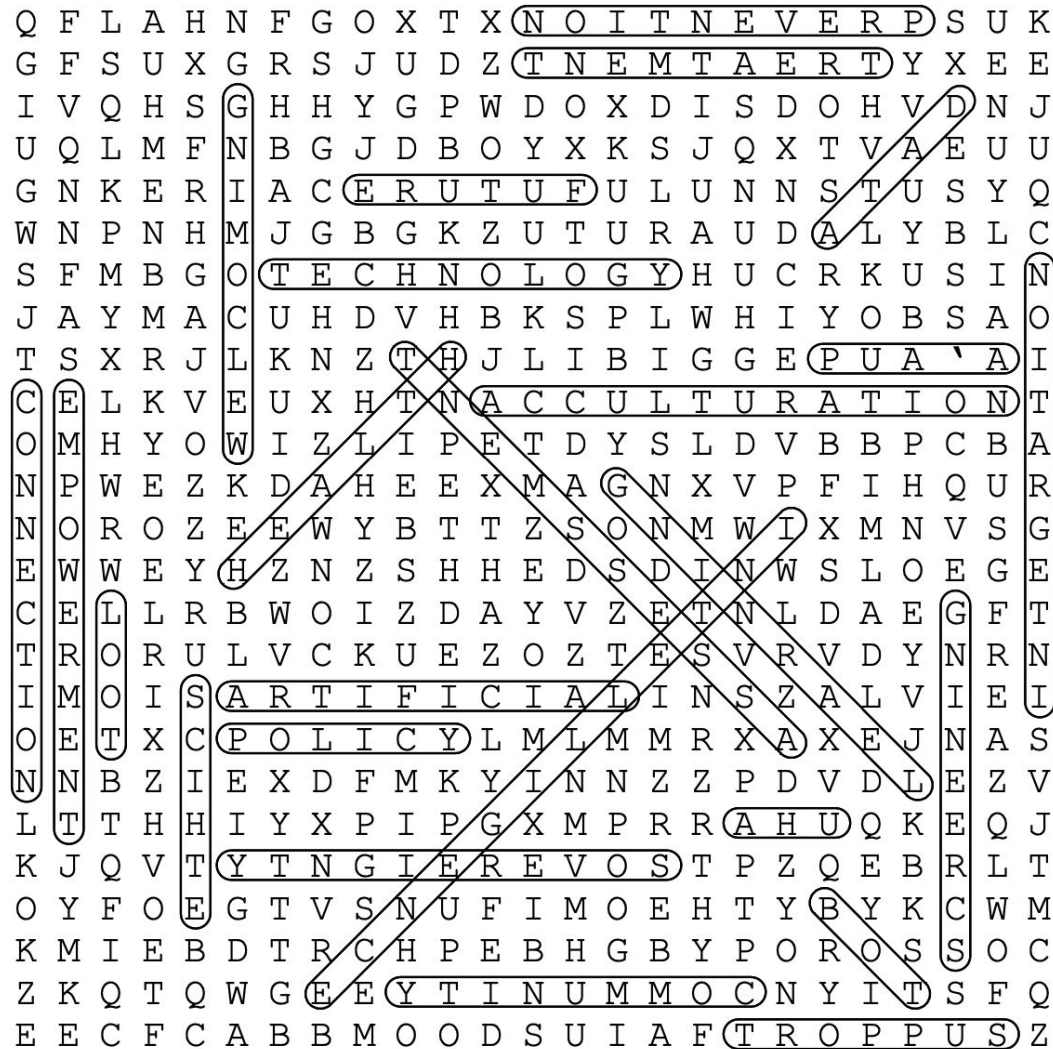
Word Search Answers

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24. Connection
25. Welcoming

The Use of AI in Food System Planning and Policy Formation
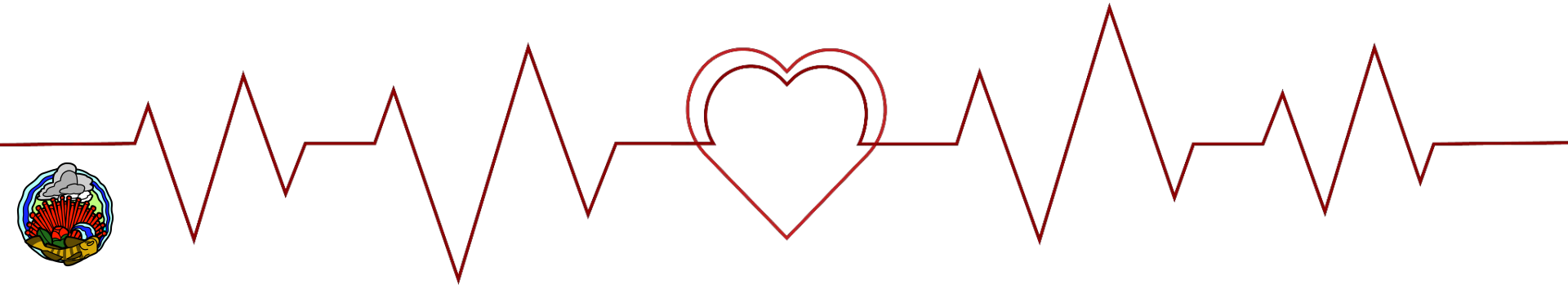
Background on
Planning Leading to Policy Formation
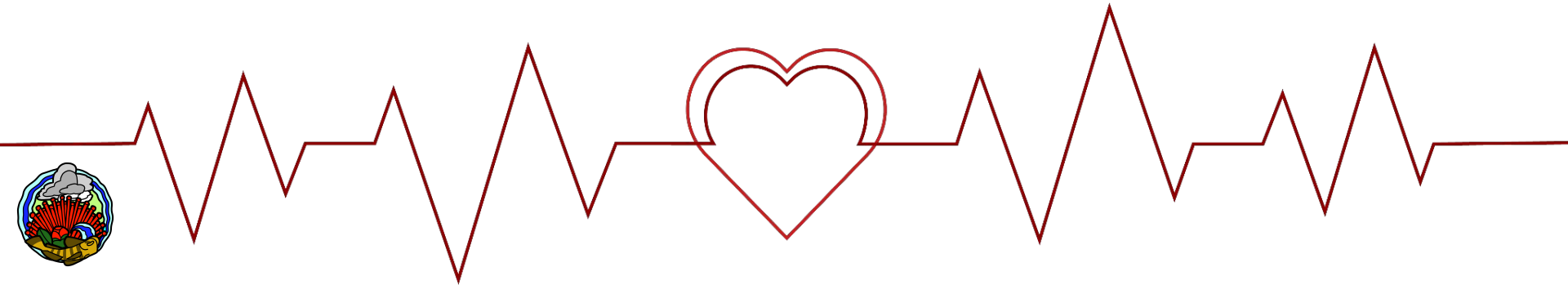
What is a Food System?

Food System

"**A food system** is *the socio-ecological system that encompasses all the drivers, activities and resources that go into producing, distributing, consuming food and waste disposal. The food system intersects with aspects of public health, culture, society, economics, public policy, and the environment.*"

History

Hawaiʻi Food System Change Map: History
Version 1.7.6 • September 2022

Modern Food System — 1960s–Today
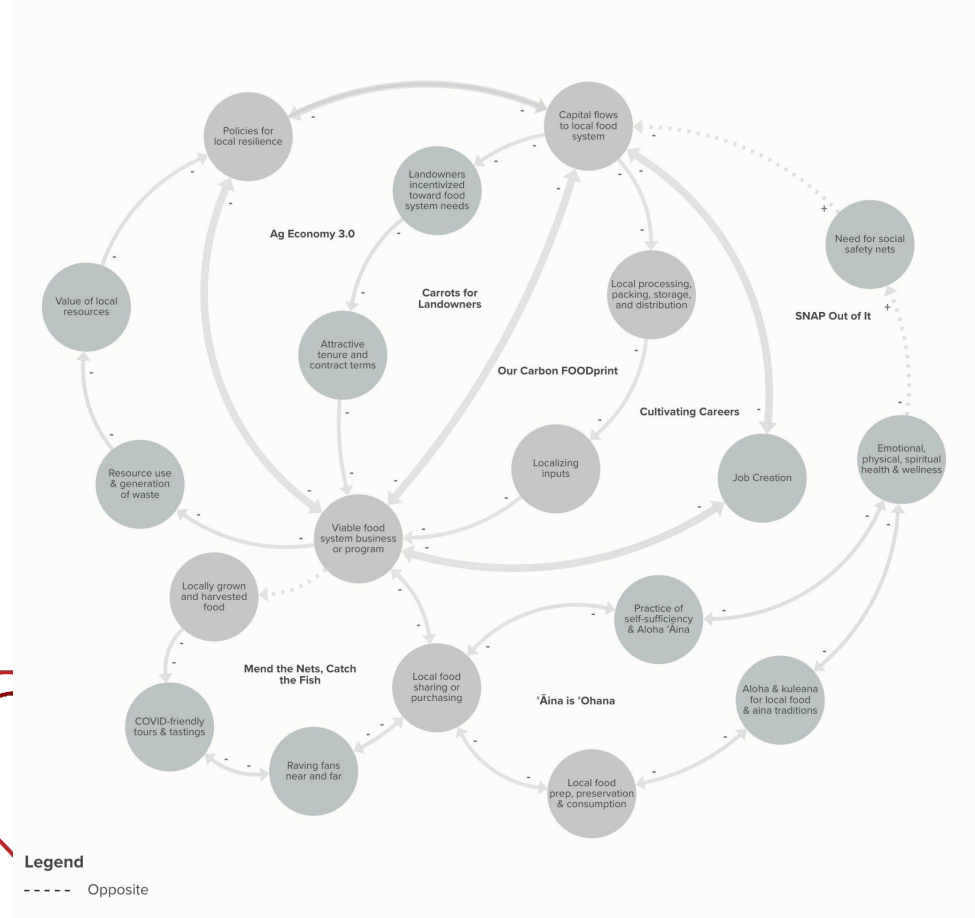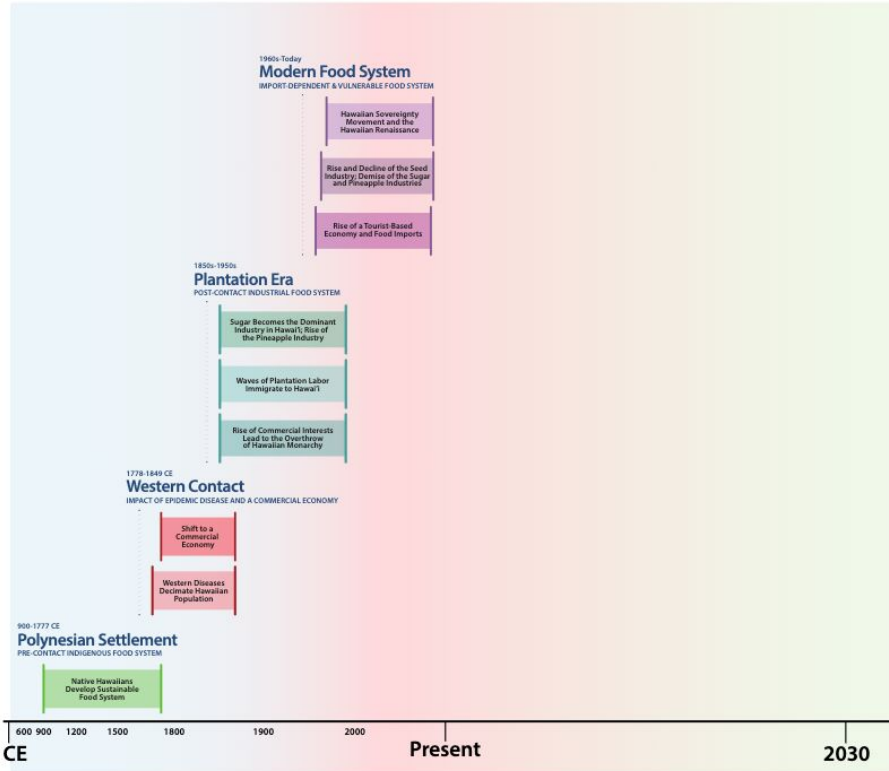IMPORT-DEPENDENT & VULNERABLE FOOD SYSTEM

- Hawaiian Sovereignty Movement and the Hawaiian Renaissance
- Rise and Decline of the Seed Industry; Demise of the Sugar and Pineapple Industries
- Rise of a Tourist-Based Economy and Food Imports

Plantation Era — 1850s–1950s
POST-CONTACT INDUSTRIAL FOOD SYSTEM

- Sugar Becomes the Dominant Industry in Hawaiʻi; Rise of the Pineapple Industry
- Waves of Plantation Labor Immigrate to Hawaiʻi
- Rise of Commercial Interests Lead to the Overthrow of Hawaiian Monarchy

Western Contact — 1778–1849 CE
IMPACT OF EPIDEMIC DISEASE AND A COMMERCIAL ECONOMY

- Shift to a Commercial Economy
- Western Diseases Decimate Hawaiian Population

Polynesian Settlement — 900–1777 CE
PRE-CONTACT INDIGENOUS FOOD SYSTEM

- Native Hawaiians Develop Sustainable Food System

1 CE   600 900 1200 1500 1800   1900   2000   **Present**   2030

TransformingHawaiiFoodSystemTogether.org

Theory of Change

Hawaiʻi Food System Change Map: Theory of Change
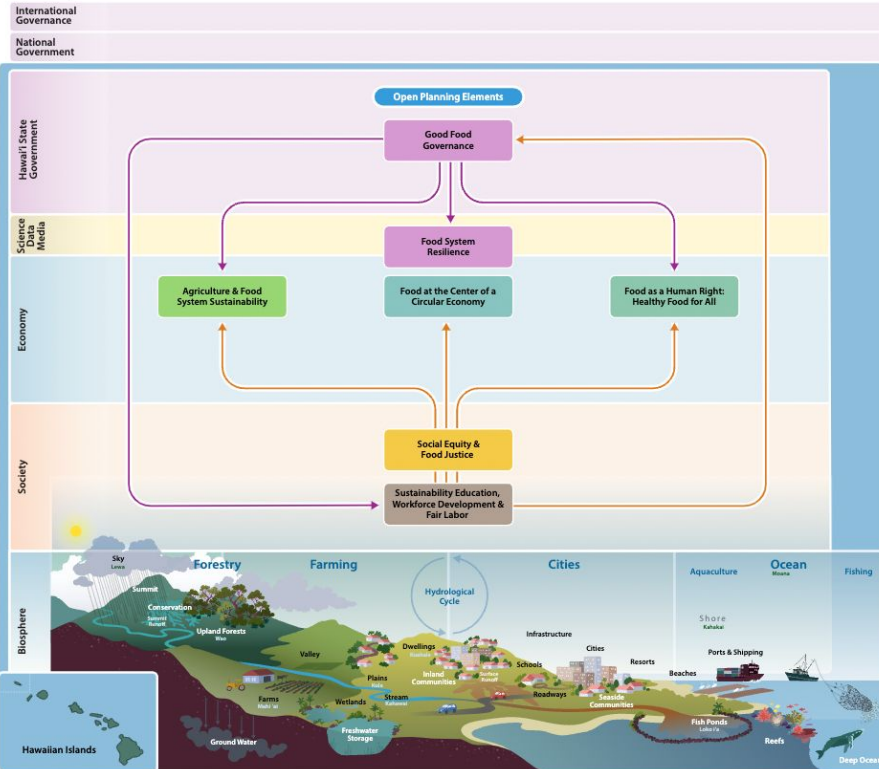Version 1.7.6 • September 2022
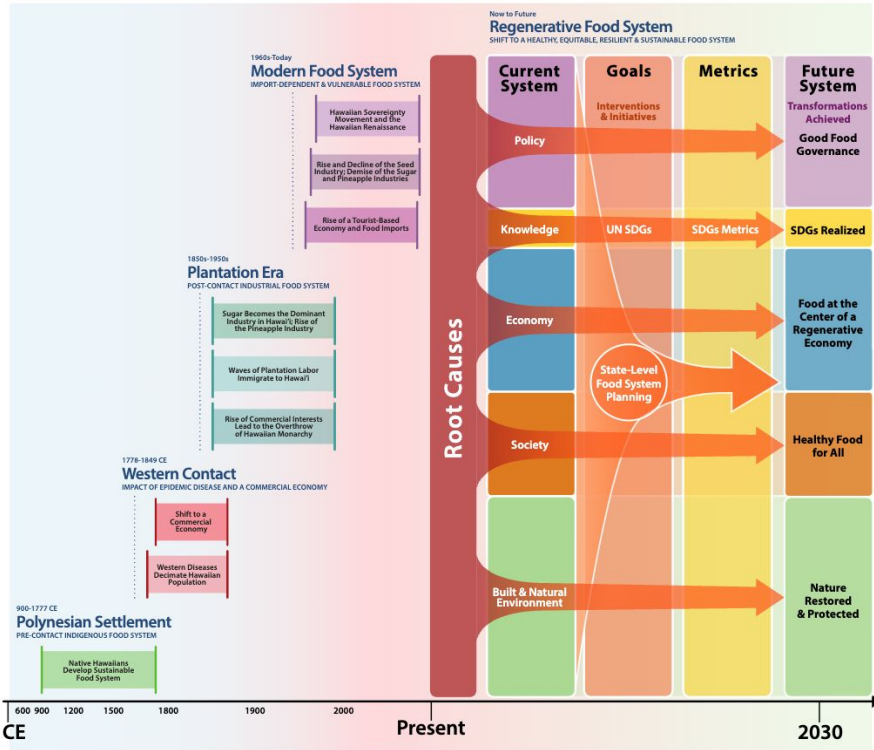
TransformingHawaiiFoodSystemTogether.org

Planning Elements & Metrics

Hawai'i Food System Change Map: Planning Elements & Metrics
Version 1.7.6 • September 2022

TransformingHawaiiFoodSystemTogether.org

Integrated State Food Policy Framework

7 Food System Planning Themes

Food System Planning Themes identify important areas and issues of food sys[tem] planning, implementation and monitoring and evaluation.

[View Themes]

1. Food As A Human Right: Healthy [...]

1.1 Public Health & Nutrition

1.2 Household Food Security

1.3 Food Safety

2. Social Equity & Food Justice

2.1 Social Equity & Food Justice

2.2 Secure & Affordable Land Access

1.1 Public Health & Nutrition

Key Terms & Definitions:

Key Terms & Definitions +

Current Status:

View Current Status +

Root Causes:

View Root Causes and/or Risk Factors +

Integrated Food Policy Approach To Solutions:

View Policy Approaches +

Goals:

View Sustainable Development Goals +

Indicators & Metrics:

View Indicators & Metrics +

Integrated State Food Policy Framework

7 Food System Planning Themes

Food System Planning Themes identify important areas and issues of food sys planning, implementation and monitoring and evaluation.

[View Themes]

1. Food As A Human Right: Healthy

1.1 Public Health & Nutrition

1.2 Household Food Security

1.3 Food Safety

2. Social Equity & Food Justice

2.1 Social Equity & Food Justice

2.2 Secure & Affordable Land Access

Integrated Food Policy Approach To Solutions:

View Policy Approaches —

Informed by key Hawaii stakeholders, the THFST Knowledge Products, the landscape analysis of US food system plans, and the scientific literature – puts forward a set of complementary policies to systemically address a key food system issue (e.g. household food security). The integrated policy approach would include the following components and prioritized "interventions":

The USDA recently reframed the discourse on food security to include nutrition security:[23]

Nutrition security (PDF, 203 KB) builds on the important work USDA and its partners are doing to promote food security by increasing the Department's focus on diet-related chronic diseases — a leading cause of death in the U.S. Nutrition Security further emphasizes the importance of tackling long-standing health inequities. Research shows communities of color, families with children, and people in more isolated areas of the country, including Tribal communities, are disproportionately affected by the toll of diet-related chronic diseases.

Earlier work done by the Hawaii Public Health Institute, City and County of Honolulu and the Hawaii Pacific University as part of the Independent Dialogues of the UN Food Systems Summit, has informed the growing body of knowledge on a social determinants framework for food systems in relation to health and nutrition outcomes.[24] At the first discussion, a round-table discussion on "Our health, our food systems, our islands, our people"[25] interventions pointed to the need to look at the determinants of health and food systems and identify their convergence points. As the determinants of the food system will be tackled in other parts of this document, the determinants of the health system as it converges with the food system includes housing, employment wages, language and most importantly education and school system. In

Moving Forward: Iterating Food System Policy Formation Using AI & Applied Research Methodologies
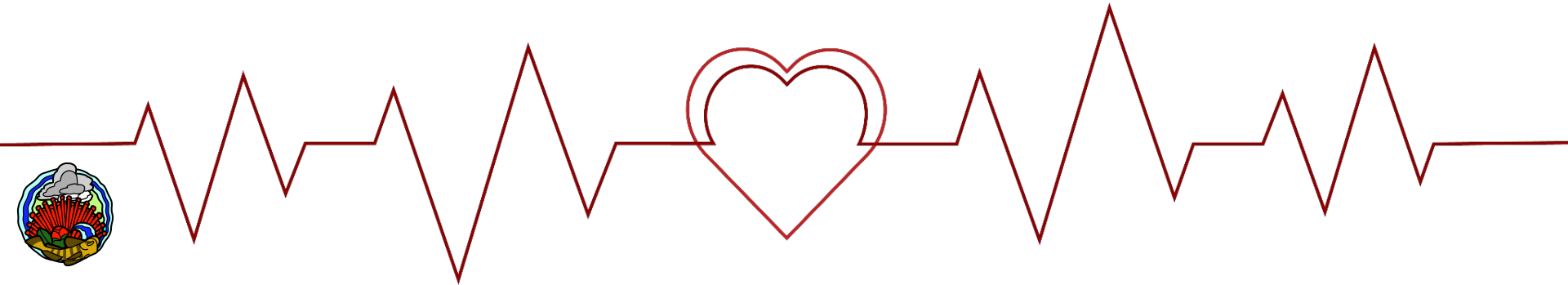
Three Tier Approach

Step 1: ChatGPT	Step 2: Technical Expertise and Peer Review	Step 3: Literature Mining
Obtain general policy recommendations (not localized)	-Ground general recommendations with technical expertise and conduct peer review that is localized and conducted within communities. -Local Communities are defining the key indicators and metrics	Review scientific literature that are known to have the most effective public policy

Demo
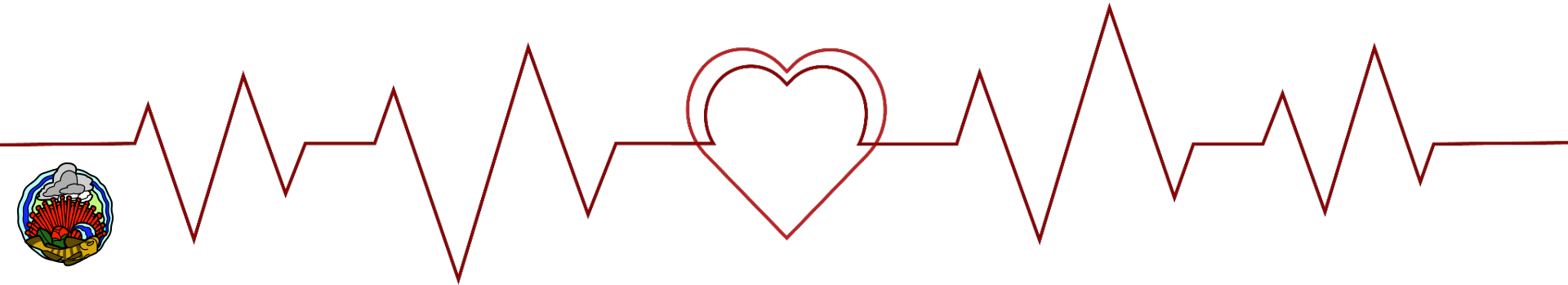
Future of Technology in Health
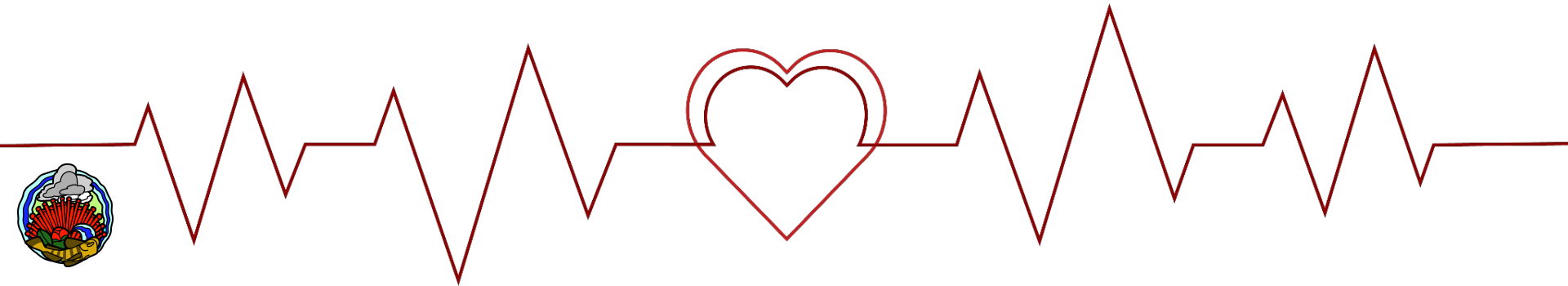
What might the future of health systems & technology look like?

AI integrated into healthcare!

SuiSensor

- AI Algorithm in development by Siddhu Pachipala
- Self-Assessment for suicide risk
  - 98% accuracy with sample data
- Semantics in writing might provide insight into suicide risk

AI Assisted Surgery

- Helpful to predict issues in other fields of medicine
  - (acute kidney injury, circulatory failure, etc.)
- Potential for predictive analysis of surgical success rates
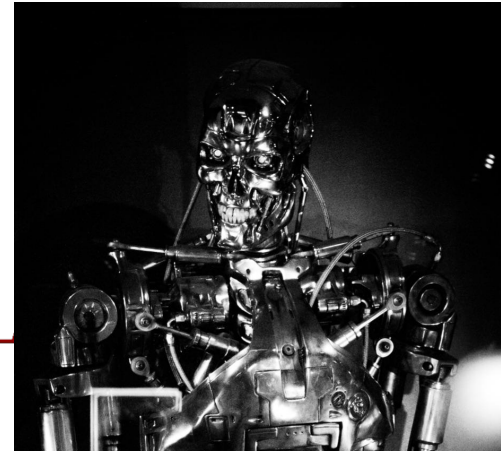- Optimize workflow during surgery

SuiSensor

AI Assisted Surgery

What is Artificial Intelligence?

- "The theory and development of computer systems able to perform tasks that normally require human intelligence, such as visual perception, speech recognition, decision-making, and translation between languages" - Oxford Languages

How can artificial intelligence be integrated into our health management?

- Screening Process
  - Core function 1 of a Substance Abuse Counselor (CSAC Function 1)
  - Different from current screening filters
    - More dynamic

- Connection to the Ahupua'a model
  - Creating Community & a Welcoming Environment
  - 'Ohana Relationships & Support
  - Help to develop closer relationships with others
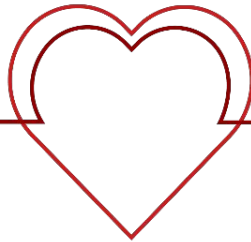
Building Community & A Welcoming Environment:
ChatGPT Demo:

"I am an AI language model called ChatGPT, developed by OpenAI. I have been trained on a diverse range of data sources and have the ability to generate human-like responses to text-based prompts. My purpose is to assist and provide information on a wide variety of topics to the best of my knowledge and abilities. However, it's important to note that I don't possess personal experiences, emotions, or consciousness. I'm here to help answer your questions and engage in meaningful conversations."

Question 1:

I'm worried about my kids. They've been more distant recently, and I'm scared that their mental health might be in decline. What should I do?

Question 2:

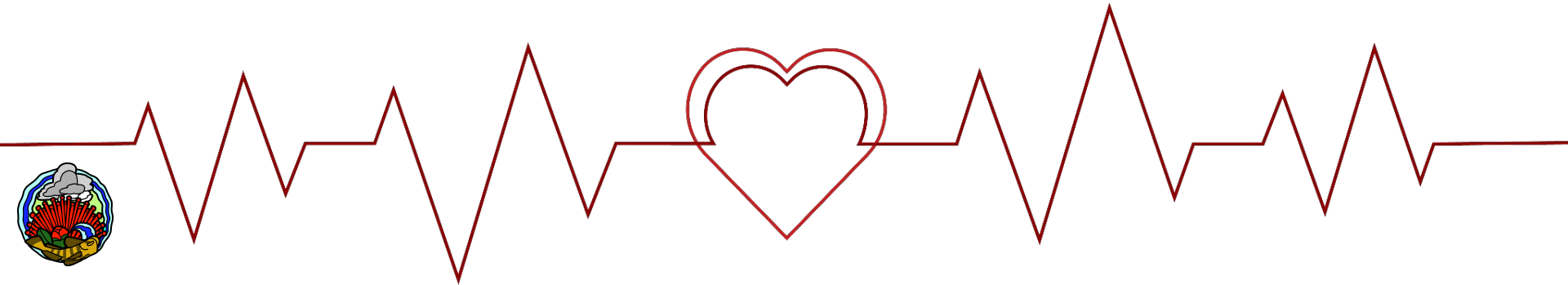I want my kids' mental health to improve, but I don't know what to do. Who can I ask for help?
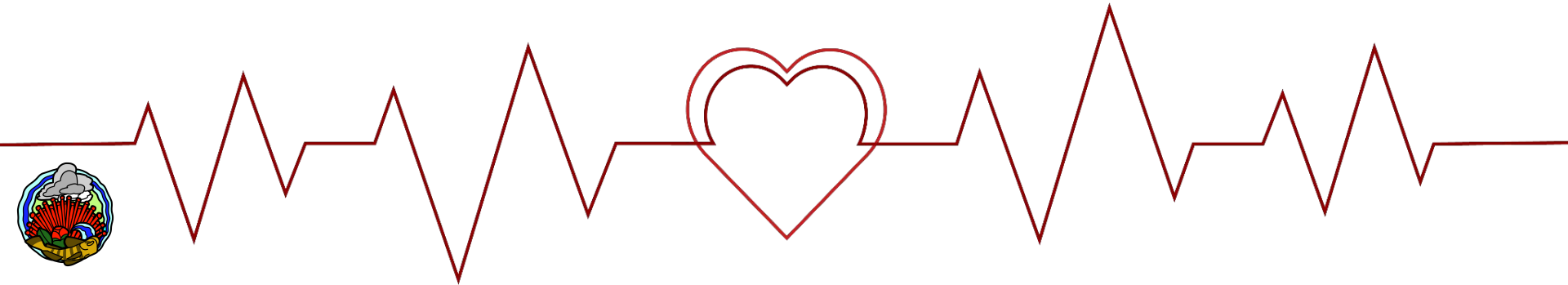
How can artificial intelligence help empower patients and practitioners?

Find out on July 20, from 12 - 1:15pm HST:

Patient and Practitioner Empowerment through AI

Closing Protocol

Manaʻo Iʻo

Respond at

PollEv.com/mapunalab361

Or Text

MapunaLab361 to 37607

Database Shoutout & Sharing

mapunalab.com/hanai-ahu/webinar-one/

Hānai Ahu Webinar One Resource Database

Please search and view resources gathered and curated for Hānai Ahu Webinar One.

Resource Type:	Title:	View Resource:	Tags:
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⏻Clear filters

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Show 10 ▼ entries

Search: _____

| Resource Type ▲	Title ▲	View Resource ▲	Tags ▲
Online Article	Digital Health: The Intersection of Technology and Healthcare	View Resource	Digital Health
Video	Perspectives From the Intersection of Health Care and Technology	View Resource	Digital Health
Online Article	A Brief History of Digital Health	View Resource	Digital Health
Online Article	Leveraging Technology to Enhance Addiction Treatment and Recovery	View Resource	Digital Health
mHealth App	Addiction-Comprehensive Health Enhancement Support System (A-CHESS)	View Resource	Digital Health

Resources

1. Slack Key Medley
2. SAMHSA's Working Definition of Recovery
3. 12 Core Functions of a Substance Abuse Counselor
4. Ahupua'a Model
5. A Brief History of Digital Health
6. Telehealth - Mayo Clinic
7. 15 Mental Health Apps that are Disrupting Healthcare
8. 5 Digital Health Tools That Are Changing Healthcare
9. Leveraging Technology to Enhance Addiction Treatment and Recovery
10. Evidence - Chess Health
11. ChatGPT Is Cutting Non-English Languages Out of the AI Revolution
12. Indigenous groups fear culture distortion as AI learns their languages
13. New Frontiers in Research Fund
14. UH part of $17M grant to improve AI through Indigenous knowledge
15. Indigenous Protocol and Artificial Intelligence Position Paper
16. Te reo Māori Speech Recognition
17. Indigenous Knowledge Graph
18. Intelligent Voices of Wisdom: Learnings Interactive Report
19. How Native Americans Are Trying to Debug A.I.'s Biases
20. Hawaiian Slack Key Guitar - Masters Instrumental Collection
21. Transforming Hawaii Food System Together
22. SuiSensor
23. AI Assisted Surgery
24. ChatGPT
25. Oxford Languages

Hawai'i TRAIN & YouTube
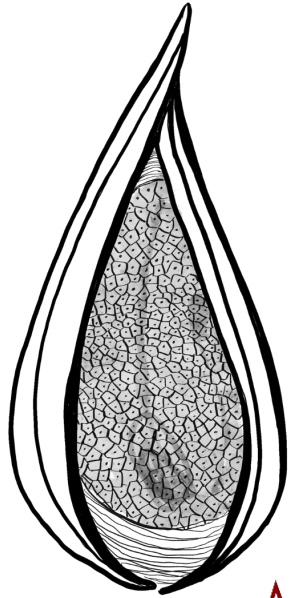
'Ulu State Disaster Response

Native Hawaiian Cultural Intervention

Artwork by Keali'imakamana'onalani Parker Po'oloa

Evaluation

Please complete the evaluation feedback survey:

https://mapuna.qualtrics.com/jfe/form/SV_cAN48no2RfsVXx4

The evaluation is required to receive Continuing Education Units (CEUs).

We look forward to your feedback

UNIVERSITY of HAWAIʻI
WEST OʻAHU

RESEARCH & ENGAGED SCHOLARSHIP

HĀNAI AHU:
ANCHORING CULTURE IN SUBSTANCE USE TREATMENT & PREVENTION MODELS
Creating Culturally-Safe Spaces for Behavioral Health Programming

Hosted by Sami Birmingham-Babauta, MPH

EARN UP TO ONE (1) CONTINUING EDUCATION UNIT!
CSAC, CPS, CCS, CCJP, CSAPA
(**Note: Only available for HAWAII)

Learning Objective 1
Participants will engage in an immersive learning experience that will equip them to integrate and advocate for culturally and linguistically competent behavioral health care for Native Hawaiians and other Pacific Islanders in line with the cultural component of SAMHSA's Recovery Model

Learning Objective 2
Participants will identify strategies to create culturally-safe spaces in their programming in line with the cultural considerations for Core Function III: Orientation in the 12 Core Functions of a Substance Abuse Counselor.

Learning Objective 3
Participants will examine *The Impacts of Colonization on Ahupuaʻa Conceptualization* by Papa Ola Lōkahi and understand it's utilization in developing culturally-safe spaces of learning and healing.

Artwork & Photo credit: Kealiʻimakamanaoʻnalani Poʻoloa

Thursday, July 6, 2023
9AM-10AM HST

OR REGISTER AT
mapunalab.com

NHPI

SAMHSA
Substance Abuse and Mental Health
Services Administration

ʻOHANA
CENTER OF EXCELLENCE

Hū Ka Wai Māpuna

Arranged by Kauilanuimakehaikalani Kealiikanakaoleohaililani

Hū ka Wai Māpuna
Māpuna kapu ka hāhā
Haʻa inu, Haʻa ola
Haʻa kapu, Haʻa noa
E nā kupukupu
O nā kupuna e
E mālama ka māpuna
Mālama ka māpuna e
I ola loa e, i mauli ola e.

Conflict is the catalyst for evolution
More to surface, less to hide
Held by systems of ancestral resilience
I sustain the process of truth-telling,
healing, and emotional intelligence
to heal generational trauma and disparity
to go beyond performative health
to truly be well