



Ola Ka Huaka 'ihele o Hi 'iaka
becoming Hi 'iaka



Presented by the Māpuna Lab
& Lilinoe Kauahikaua, MSW - Papa Ola Lokāhi



Please take some time to introduce yourself in the chat...

Who are you?

Who is mountain?

Who are your waters?

What Moku (island) are
you tuning in from?

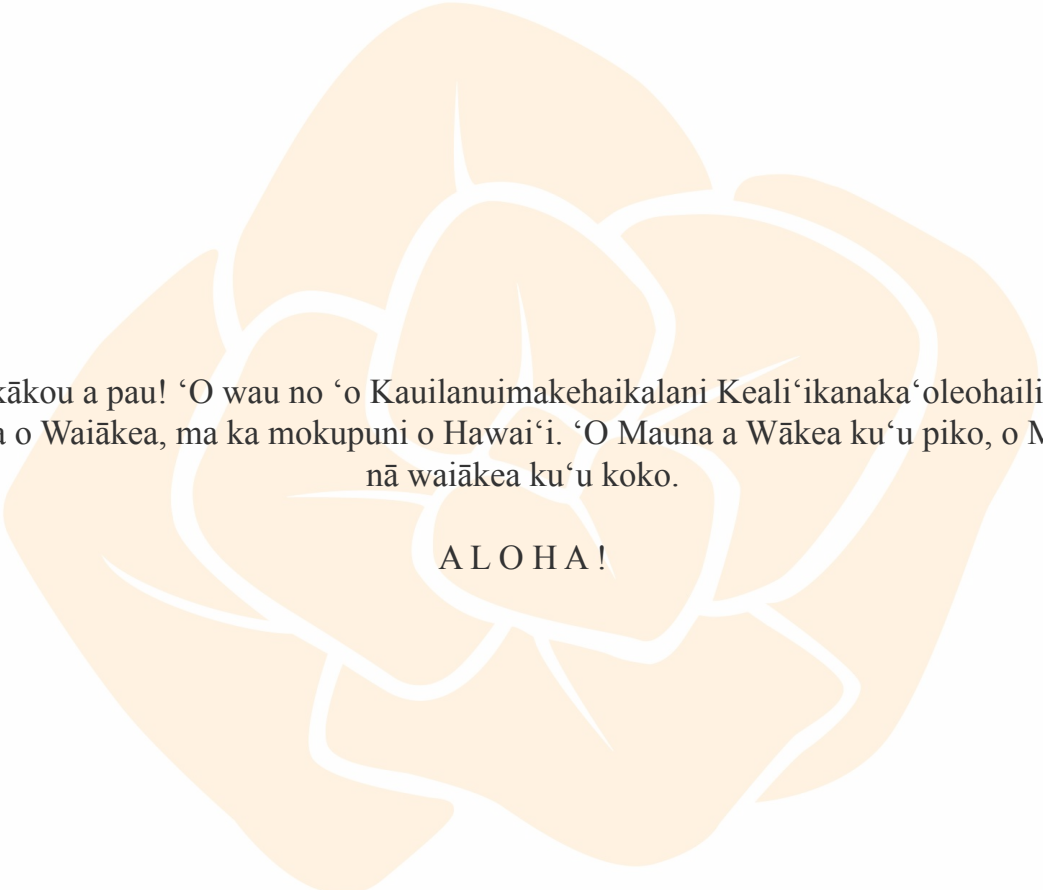
Wehena

Opening Protocol

Hū ka Wai Māpuna

Hū ka wai māpuna
Māpuna kapu ka hāhā
Ha‘a inu, ha‘a ola
Ha‘a kapu, ha‘a noa e
E nā kupukupu o nā kūpuna
E mālama ka māpuna
Mālama ka māpuna
Mālama ka māpuna e
I ola loa e
I mauli ola e

Conflict is the catalyst for evolution
More to surface, less to hide
Held by systems of ancestral resilience
I sustain the process of truth-telling,
healing, and emotional intelligence
to heal generational trauma and disparity
to go beyond performative health
to truly be well



Welina mai ke aloha iā kākou a pau! ‘O wau no ‘o Kauīlanuimakehaikalani Keali‘ikanaka‘oleohaililani. No ka moku o Hilo mai au, ma ka ‘ahupua‘a o Waiākea, ma ka mokupuni o Hawai‘i. ‘O Mauna a Wākea ku‘u piko, o Mauna Loa ku‘u ‘Iewe, o nā waiākea ku‘u koko.

ALOHĀ!

Ho‘i ka ‘o‘opu ‘ai lehua i ka māpunapuna

The lehua-eating goby returns to the spring. Said of one who has gone back to the source.

(Pukui #1034)

The MĀPUNA LAB is a place of respite for those experiencing colonial trauma. Our work is na‘au centered and focused on health, healing and the longevity of overall well-being of ALOHA. Guided by ‘ōhi‘a as our kumu (endemic Hawaiian tree), like our kupuna (ancestors) we work in reciprocity and partnership in healing the chronic and existential pain of historical and intergenerational trauma with our brothers and sisters of Moananuiākea (Pacific).

Acknowledging the land as our communities health as water cycle resilience, the lab looks to the cloud catching, truth-telling, ‘ōhi‘a lehua (*Metrosideros polymorpha*) for ways to ho‘i ka wai, to remove seen and unseen emotional blockages to restore waters (waiwai) stolen by trauma.

Aimed at creating safe spaces for co-learning, the Māpuna Lab convenes all those who believe that when Indigenous leadership is uplifted, wellness is accessible to all.

Objectives

1. **Title of the Course**
 - a. Hānai Ahu: Anchoring Culture in Substance Use Treatment & Prevention Models - “*Ola Ka Huaka’ihele o Hi’iaka*”: Becoming Hi’iaka
2. **Learning Objective 1**
 - a. Participants will engage in the Ahupua’a Model for the ‘Ohana Center of Excellence, introduced by Lilinoe Kauahikaua of Papa Ola Lōkahi looking at the impacts of colonization, and implementing cultural intervention at various places effectively providing healing and wellbeing of self and community.
3. **Learning Objective 2**
 - a. Participants will engage in the Ka’ao Framework (Hua, Ha’alele, Huaka’i, Ho’ina, Hā’ina - implemented by the University of Hawai’i through the Hawai’i Papa o Keao Initiative) - utilizing Hawai’i traditional myth culture as a framework to transform the experiences and the culture of healthcare professionals and providers.
4. **Learning Objective 3**
 - a. Participants will see by implementing a high quality program such as the Huaka’ihele, that is directly recovery-oriented, trauma-informed, and equity-based as a means of improving behavioral health and overall well-being guided by the clinical expertise of R. Lahela Kruse, a Native Hawaiian Social Worker.
5. **Learning Objective 4**
 - a. Participants will engage in subtle and evolutionary shifts to inspiring Hawai’i health & mental wellness leadership with a professional & personal experience with the guidance of Kekuhi Keali’ikanka’ole through Lonoa Honua.
6. **Learning Objective 5**
 - a. Finally participants will be invited to experience and engage in multidisciplinary and multidimensional processes for sequencing HUAKA’I.

Agenda

1. *Wehena: Opening Protocol*
2. *Consent to Deepen*
3. *Introduction to The Impacts of Colonization on Ahupua'a Conceptualization V 3.0 by Papa Ola Lōkahi by **Lilinoe Kauahikaua***
4. *SAMHSA Recovery Model & 12 Core Functions of a Substance Abuse Counselor*
5. *Break*
6. *Hua & Ha'alele: Multimedia piece -*
7. ***Hi'iakaikapoliopele***
8. ***Ka'ao Framework***
9. *What is a Huaka'i? Who or What is Hi'iaka?*
10. *The Huaka'ihele through a Clinical & Haku Ho'oponopono lense Auntie **R. Lahela Kruse***
11. *Huaka'i: Multimedia piece -*



Consent To Deepen

E nā kupukupu o nā kupuna, e mālama ka māpuna

It is through our ancestral memories we acknowledge our systems of support that surround us, bear witness to our own resiliency, so that we may participate in this “ingenuous” process, healing and empathy.



*Papa Ola Lōkahi & AANHPI ‘Ohana
Center of Excellence*

Presented by Lilinoe Kauahikaua

Papa Ola Lōkahi

Oli Heahea

*Aha hea kēia, nou lā e nā ‘ohana
Pua mae ‘ole e, o ka ‘āina mālie
Ahe nani wale nō, i ka maka aloha
Eia kahi leo ē, e pane mai ho ‘i lā
Aloha ē, aloha ē, aloha ei...ei...ē*

Request to Enter

*This is our call for all the family
Oh fadeless children of this calm land
Indeed, you ‘re beautiful to our eyes with love
Oh hear our request, Oh do give us an answer
Greetings of love, greetings of love,
greetings of love*

*Composed by Aunty malia Craver for Papa Ola Lōkahi, ‘Ea na ‘Anakala
‘Iokepa DeSantos*

AANHPI 'OHANA CENTER of EXCELLENCE

The AANHPI 'Ohana Center of Excellence is your source for empowerment, education, and support for individuals seeking behavioral healthcare, including mental health and substance use resources. We center (w)holistic and cultural approaches to serving the needs of the Asian American, Native Hawaiian, and Pacific Islander communities.



We also provide training and technical assistance for those working in the fields of substance use, behavioral, and mental health to better serve the needs of the Asian American, Native Hawaiian, and Pacific Islander communities through culturally responsive care.

The AANHPI 'Ohana Center of Excellence serves a diverse group of populations of Asian Americans, Native Hawaiians, and Pacific Islanders living in the U.S., U.S. Associated Pacific Islands, Puerto Rico, and U.S. Virgin Islands.

Papa Ola Lōkahi

Native Hawaiian Health Care Improvement Act

The Congress hereby declares that it is the policy of the United States in fulfillment of its special responsibilities and legal obligations to the Indigenous People of Hawai‘i resulting from the unique and historical relationship between the United States and the government of the Indigenous People of Hawai‘i:

- To raise the health status of Native Hawaiians to the highest health level
- To provide existing Native Hawaiian health programs with all resources necessary to effectuate this policy



Reauthorized in 1992 as Native Hawaiian Health Care Improvement Act (NHHCIA)

(P.L. 102-396).

Reauthorized in 2010 via the Affordable Care Act.



Papa Ola Lōkahi

Ni'ihau

Kaua'i

Ho'ōla Lāhui Hawai'i

O'ahu

Ke Ola Mamo

Maui

Nā Pu'uwai

Maui

Hui No Ke Ola Pono

Lāna'i

Kaho'olawe

Hawai'i

Hui Mālama Ola Nā 'Ōiwi



Papa Ola Lōkahi
HUI NO KE OLA PONO



Papa Ola Lōkahi
Native Hawaiian Health Care System (5)
Native Hawaiian Health Scholarship Program



Framework for the Hawaiian Perspective

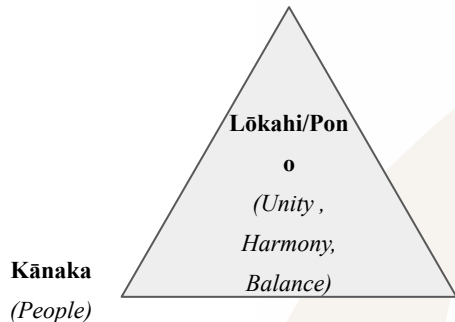
Source: Richard "Likeke" Paglinawan



Papa Ōia Lōkahi
Hana i ka Pono o ka
Māka

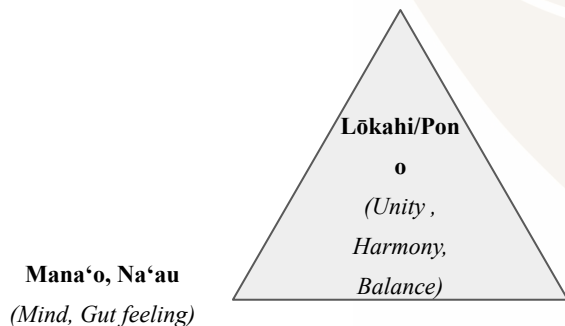
UPON CONTACT WITH
WESTERN COLONIZATION

Akua/Nā Aumākua
(Higher power, spiritual guardians)



‘Āina, Moana, Lani
(Natural Environment)

‘Uhane (Sprit)



Kino (Body)

I ka wā ma mua, I ka wā ma hope

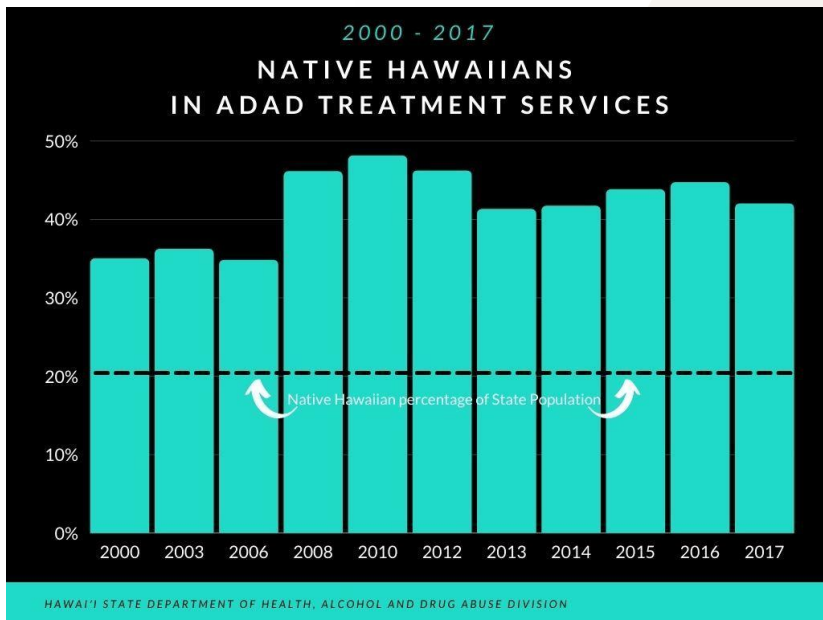
Prior to European contact, Native Hawaiians understood that health must include balance between

- Mind
- Individual/family /community
- Body
- Environment
- Spirit
- Spirituality

Western Influence & Colonization

= Imbalance, Shifted Paradigms,
Cultural/Historical/Intergenerational
Trauma, Health Disparities

Manifests as Mental Health & Substance Use



NH consistently overrepresented in Addiction treatment for over 2 decades

Highest incidences of behavioral health problems

Higher prevalence of depression (13%) than the state's overall population (8%).

Suicide rate among NHs ages 15–44 is the highest compared to all of Hawai'i's major ethnic groups.

'Imi Ke Ola Mau

In order for Kanaka Maoli to heal...

"We need a sense of self, retrieved from our past through ancestors, present through purpose, and future through descendants. We need the resiliency and protection our culture provides, in order to prevent relapse and redefine ourselves away from pathological diagnoses"



Papa Ola Lōkahi

*We need the resiliency and protection that culture provides through...
language, traditions,
ceremonies, ancestral
knowledge*



Native Hawaiians need not become Western to heal

"We need a sense of place to anchor values and balance life. Beyond Western practices, Native Hawaiians need to care for the aina, which they understand to deeply care for them"



Papa Ola Lōkahi



Papa Ola Lo'ahi
Maui Oia Hele Aia

Maui Oia Hele Aia
Maui Oia Hele Aia

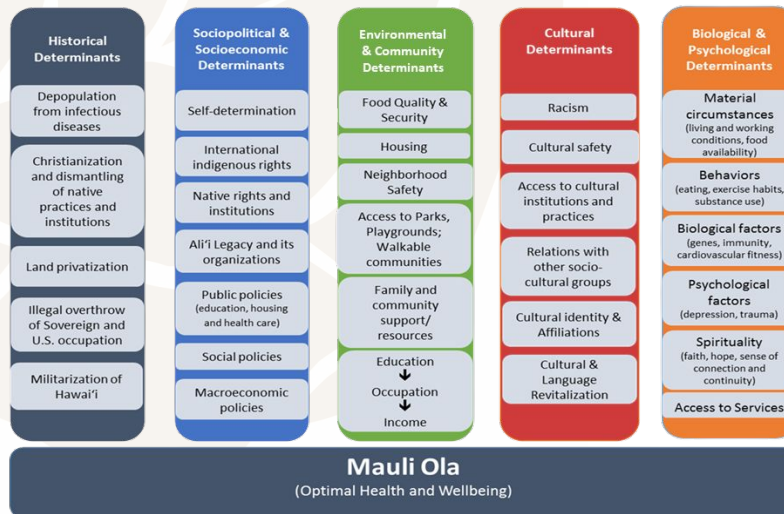
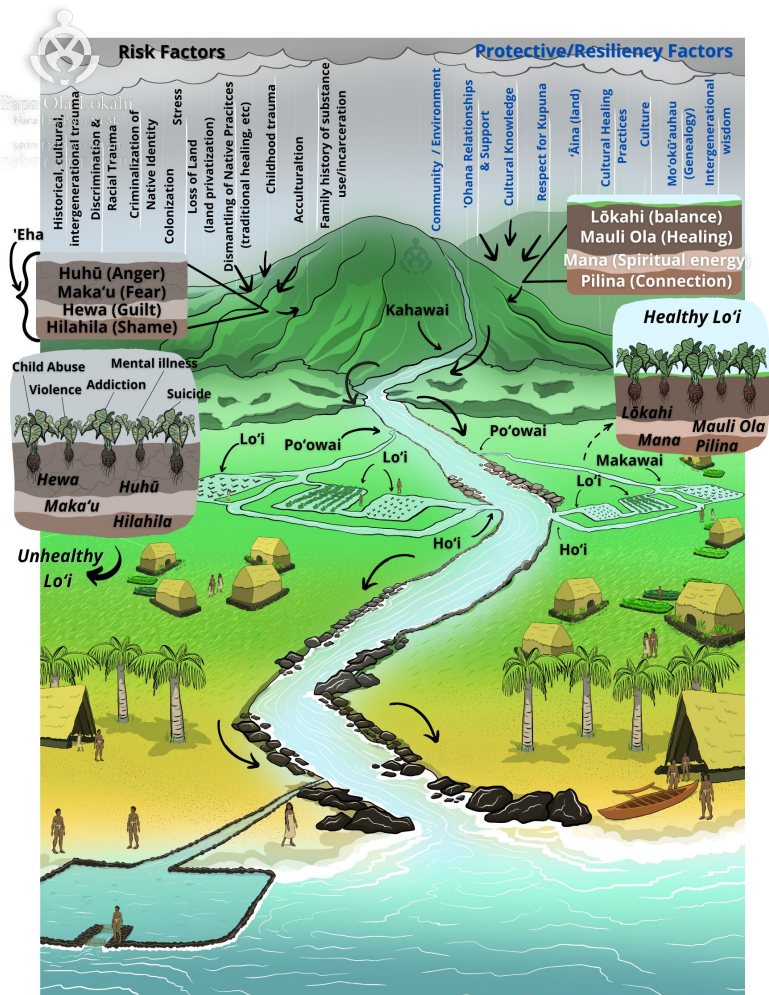
Ahupua'a Model

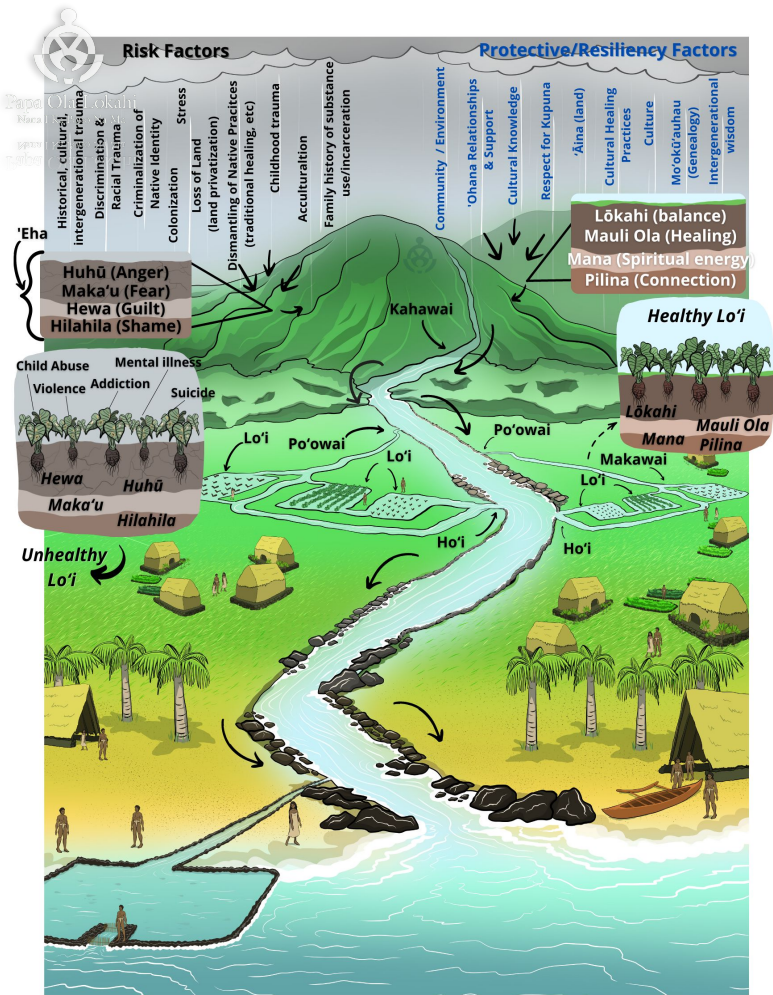
Influenced by White Bison & Healing Forest

Dr. Keawe Kaholokula's Social & Cultural Determinants of Health

Artist - Kimo Apaka

- Interconnected Systems
- Each system must be healthy for all to flourish
- Water Cycle
- Intergenerational
- Collective





Ahupua'a Model

Influenced by White Bison & Healing Forest

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Framework Overview

Framework Overview

SAMHSA's Working Definition of Recovery

"A standard, unified working definition [of recovery] will help advance recovery opportunities for all Americans, and help to clarify these concepts for peers, families, funders, providers, and others."

- *Hope*
- *Purpose-Driven*
- *Many Pathways*
- *Holistic*
- *Peer Support*
- *Relational*
- *Cultural*
- *Addresses Trauma*
- *Strengths/Responsibility*
- *Respect*

12 Core function of a Substance Abuse Counselor (CSAC)

Substance abuse counselors are expected to show competency in the 12 Core Functions of substance abuse treatment.

- *Screening*
- *Intake*
- *Orientation*
- *Assessment*
- *Treatment Planning*
- *Counseling*
- *Case Management*
- *Crisis Intervention*
- *Client Education*
- *Referral*
- *Report and Record Keeping*
- *Consultation with other Professionals in Regard to Client Treatment and Services*



Break



Hua . Ha'alele



Hi'iakaikapoliopole

Hi'iaka in the bosom of Pele



*What or who is **Hi'iaka**?*

<https://www.menti.com/alfhbnk5vix1>

Hua the *Catalyst*

The Why?

Hā'ina the *Refrain*

*Application of all stages of Ka'ao
framework*

Ha'alele the *Departure*

*Embodying flight from the
community*

Ka'ao Framework

Hō'ina the *Return*

Reintegration back into community

Huaka'i the *Journey*

A sequence of Life and Deaths



*Where are **YOU** in your Ka'ao*

<https://www.menti.com/alfhbnk5vix1>



Ola Ka Huaka‘ihele o Hi‘iaka

becoming Hi‘iaka

What is a Huaka‘i

Huaka‘i - / hua.ka‘i /

nvi. Trip, voyage, journey, mission, procession, parade; to travel.

Who is Hi‘iaka

Hi‘iaka - / Hi‘i.aka /

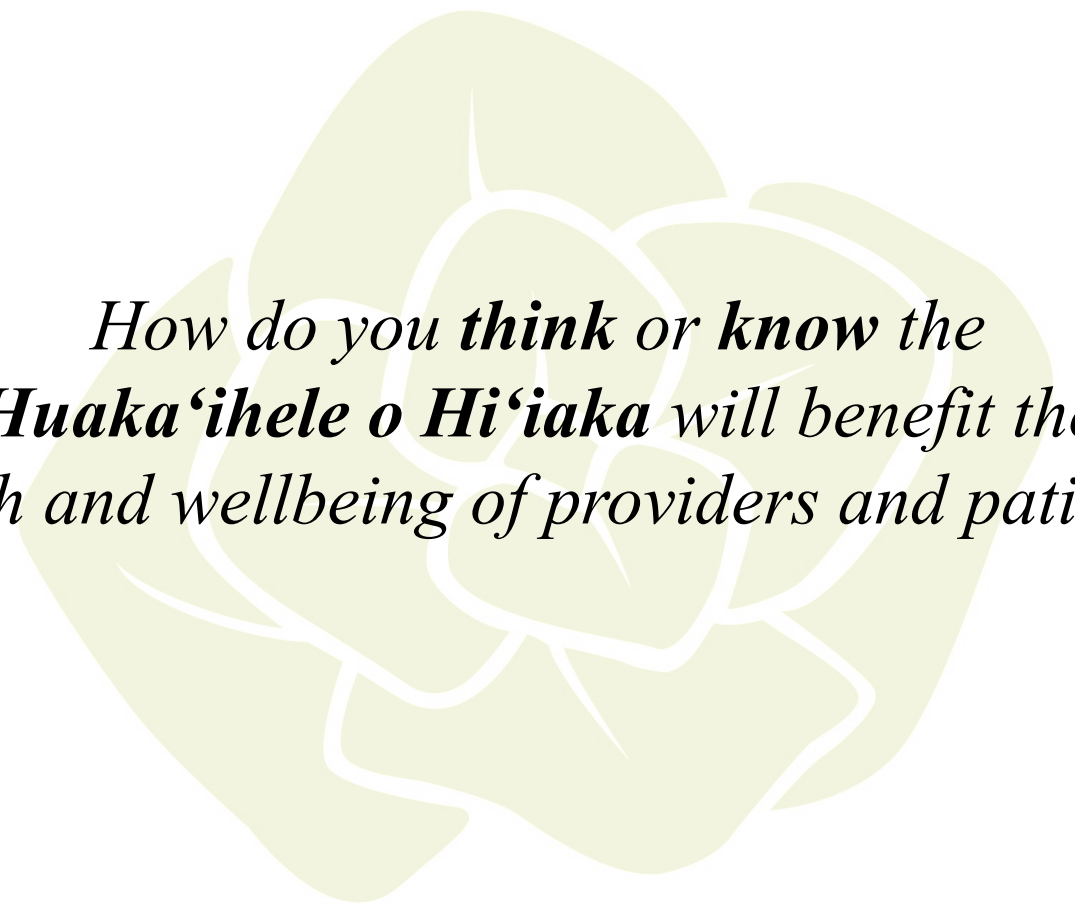
1. *n.*, First part of the names of the twelve younger sisters of the goddess [Pele](#); the youngest and most famous was Hi‘iakaikapoli o Pele
2. (*Not cap.*) *n.*, A rare variety of taro with bronze-red leaf and stem, used in medicine.
3. (*Not cap.*) *n.*, A variety of [sweet potato](#).

Crater, Kīlauea, **Hawai‘i**, named for Pele's many sisters called Hi‘iaka, the most famous being Hi‘iaka-i-ka-poli-o-Pele (Hi‘iaka in the bosom of Pele), who journeyed to Kaua‘i to fetch Pele's dream lover, Lohi‘au (PH).

R. Lahela Kruse



- *Native Hawaiian Social Worker, CSAC at Big Island Substance Abuse Council (BISAC) on Hawai'i island.*
- *Working closely with the mental health population with attention to substance abuse using traditional healing methods Ho'oku'u ka hewa for the individual*
- *Haku Ho'oku'ukahewa / Ho'oponopono Practitioner*



*How do you **think** or **know** the
Huaka'ihele o Hi'iaka will benefit the
health and wellbeing of providers and patients?*



Trending searches

↗ colin allred campaign

↗ russia nuclear war

↗ miami dolphins news

↗ us navy drag queens

↗ swampscott restaurant seawall collapse

↗ rock and roll hall of fame snubs

↗ 49ers sam darnold

↗ \$3 billion kidnapping lawsuit

↗ full moon lunar eclipse

↗ circuit attorney kimberly gardner

Huaka'i



Google Search

I'm Feeling Lucky

Report inappropriate predictions

Evaluation & Post Surveys

Please complete the evaluation feedback survey:

https://mapuna.qualtrics.com/jfe/form/SV_cAN48no2RfsVXx4

Please complete the Center of Excellence Post Survey

https://sjsu.qualtrics.com/jfe/form/SV_7NTbOIZNxzvdvIW