



**'OHANA**  
CENTER OF EXCELLENCE



# IMPACT

report



October 2022 - May 2024  
[aanhpi-ohana.org](http://aanhpi-ohana.org)

The AANHPI 'Ohana Center of Excellence is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and is coordinated by the Hawai'i State Department of Health in partnership with California State University – East Bay, Papa Ola Lōkahi, the Native Hawaiian & Pacific Islander Hawaii Response, Recovery & Resilience Team, and San José State University.





## OUR FRAMEWORK

The approach of the AANHPI 'Ohana Center of Excellence is truly unique. Our work focuses on recentering cultural and historical specificity through community engagement. This enables us to continually disaggregate Asian American, Native Hawaiian, and Pacific Islander (AANHPI) ethnic groups, helping us better understand and address the specific needs of these unique communities.

## OUR WHY

The AANHPI 'Ohana Center of Excellence caters to a diverse range of Asian Americans, Native Hawaiians, and Pacific Islanders (AANHPI) residing in the U.S., Pacific Islands Affiliated with the U.S., Puerto Rico, and the U.S. Virgin Islands. Numerous public health studies and nonprofit service agencies have highlighted disparities in behavioral health care and outcomes within AANHPI communities. These disparities are influenced by a variety of factors, including demographics, socioeconomic status, and geographic diversity. These factors include, but are not limited to:

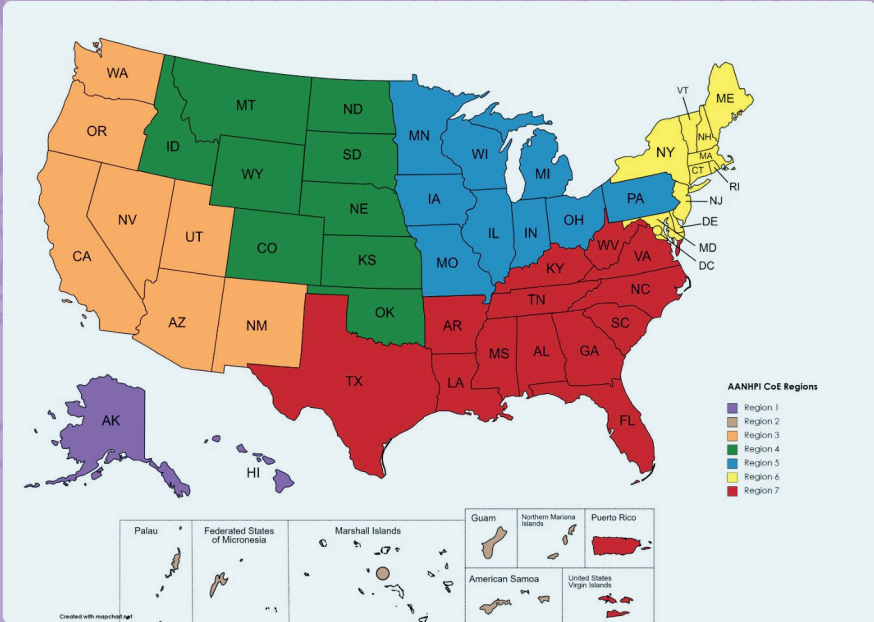
**social and cultural stigma • language accessibility • Model Minority Myth • intergenerational trauma • limited AANHPI behavioral health providers • lack of awareness by behavioral health care providers • invisibility of populations regionally • lack of specific cultural literacy about familial and land-based models of identity in behavioral health • lack of understanding that systemic racism applies to Asian Americans, Native Hawaiians, and Pacific Islanders • elevated vulnerability of Asian Americans due to anti-Asian hate victimized by stereotyping and scapegoating for the COVID-19 pandemic.**

Threaded through all of these factors are spotty data collection and research design in behavioral health studies which tend to aggregate ethnic and cultural groups into each of the pan-racial/ethnic categories of Asian Americans, Native Hawaiians, and Pacific Islanders. It is crucial to recognize that the Asian American community is incredibly diverse, with many sub-ethnic groups that have been historically underserved, underrepresented, and understudied. Similarly, the Pacific Islander community is diverse and dispersed across Pacific Islands Affiliated with the U.S., further complicating the accuracy and inclusiveness of research in these populations.

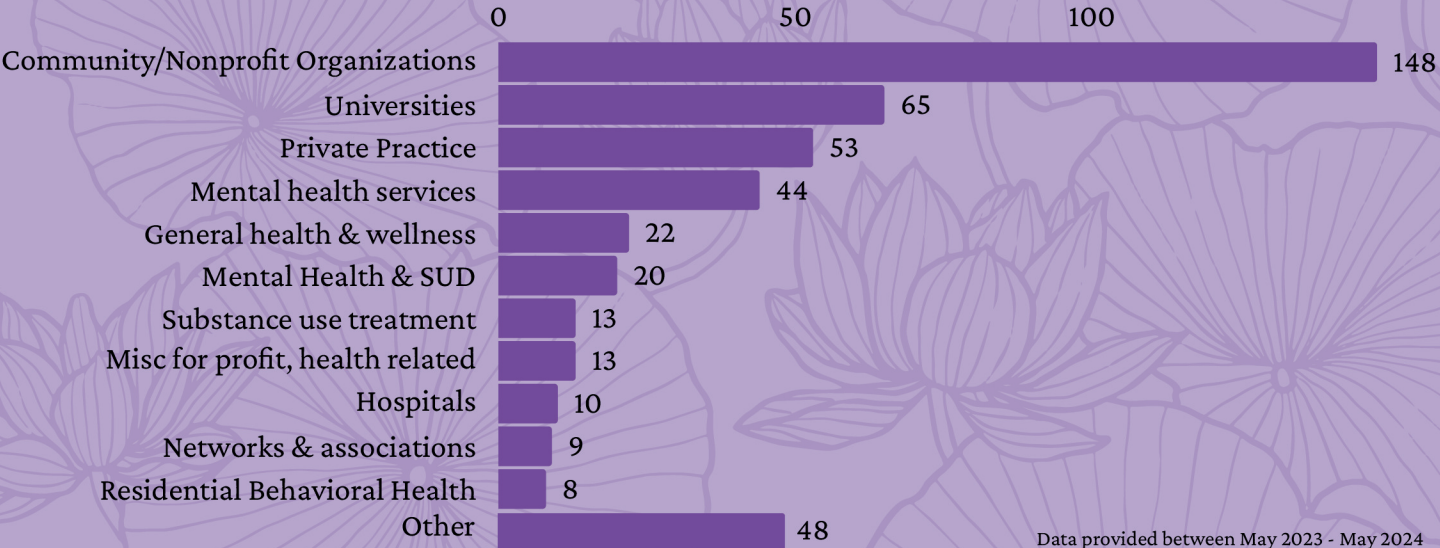


# OUR HOW

We engage individuals across diverse geographic locations through our webinars, Training and Technical Assistance (TTA) requests, and the involvement of steering committee members. Our outreach encompasses all seven regions with the participation of steering committee members, webinar attendees, and TTA requests.



We reach a diverse set of organizations and professionals who attend our webinars. Of the attendees who supplied information regarding their professional representation, our webinars were attended by individuals who represented:



Data provided between May 2023 - May 2024

# OUR HOW



The information and expertise in our webinars, trainings, and workshops reflect culturally centered approaches on a variety of behavioral health care topics relevant to Asian American, Native Hawaiian, and Pacific Islander communities.

## Webinar Performance

Webinar category*	Webinars presented	Number of attendees
Disparities and biases within mental health and substance use disorder recovery.	2	151
Behavioral health resources, tools, and/or practices that are evidence-based.	3	82
Behavioral health resources and/or practices based in indigenous spirituality, meditation, group-based therapies, familial structures of respect and other research informed practices.	4	269
Empowering individuals, community organizations, and BH practitioners to advocate for culturally and linguistically competent BH care.	6	509
Unconscious bias with the curriculum of evidence-based training on anti-racism and prejudice reduction; the mental health and somatic impacts of hate based on xenophobia, COVID-19 stereotyping, and colonialism; intergenerational trauma of racism and colonialism.	4	182
Disaggregating Asian American, Native Hawaiian and Pacific Island race/ethnicity data with evidence-based case examples of cultural, linguistic, and familial distinctions in behavioral health.	1	21
Adaptation and implementation of National Standards for Culturally Linguistic Appropriate Services (CLAS) in various health settings including mental health and substance use disorder recovery services.	1	19
Raising awareness of youth mental health issues including increased rates of depression and suicidal ideation coupled with low help-seeking.	6	299
LGBTQ+ youth identity and behavioral health.	3	110
Older adults and behavioral health issues disaggregated by subgroup.	1	22
Grant writing for behavioral health and community organizations focused on Asian American, Native Hawaiian, and Pacific Islander populations.	2	40
	<b>33</b>	<b>1704</b>

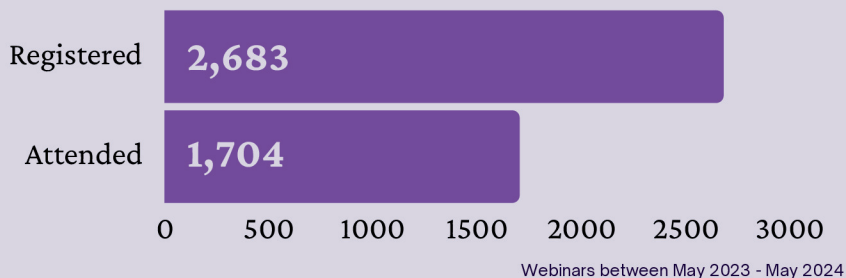
\*NOTE: in many of the listed topic areas there are more than one webinar. Some entire webinars are geared towards specific disaggregated groups and some webinars contain information on specific disaggregated groups.

# OUR HOW



Our webinars are well attended, and provide valuable content for the community and behavioral health industry.

We have a 63% attendance rate for our webinars



Number of webinars  
**38**



Number of webinar survey responses  
**540**

Webinars between May 2023 - May 2024

People benefit from our webinars and watch replays if they miss the live sessions. We feature replays on our website and YouTube.

<p><b>EQUITY, INCLUSION, JUSTICE, AND BELONGING FOR QUEER AND TRANS PACIFIC ISLANDERS (QTPI)</b></p> <p>June 18, 2024 7:30am HST • 10:30am PST • 1:30pm EST</p> <p><b>Raynald Samoa MD</b> (he/his) Associate Professor at the City of Hope in the Department of Diabetes, Endocrine, and Metabolism</p>	<p><b>The Power of Asian American, Native Hawaiian and Pacific Islander Cultural Practices in Healing</b></p> <p>MAY 29, 2024 9am HST • 12pm PST • 3pm EST</p>	<p><b>UNDERSTANDING GRANT FUNDING, ACQUISITION &amp; ADMINISTRATION FOR OUR INDIGENOUS COMMUNITIES: PART II</b></p> <p>May 2, 2024 5:30pm HST • 1:30pm ChST (5/3) By invitation only</p> <p><b>Jeeyun Lee 이지연</b> (she/her/hers) Consultant</p>
<p><b>THE NEED FOR CULTURALLY RELEVANT, FAMILY-BASED SUBSTANCE USE PREVENTION INTERVENTIONS FOR RURAL NATIVE HAWAIIAN AND PACIFIC ISLANDER YOUTH</b></p> <p>April 18, 2024 11am HST • 2pm PST • 5pm EST</p> <p><b>Sarah Momilani Marshall</b> Assistant Professor in the Thompson School of Social Work &amp; Public Health at the University of Hawai'i at Mānoa</p>	<p><b>BURMESE HISTORY, CULTURE, AND MENTAL HEALTH SUPPORT</b></p> <p>April 16, 2024 9am HST • 12pm PST • 3pm EST</p> <p><b>Steven Sanyu</b> Founder, Burmese Community Services, Inc.</p>	<p><b>PROBLEM GAMBLING: A HIDDEN ADDICTION AMONG ASIAN AMERICAN COMMUNITIES</b></p> <p>March 19, 2024 1pm HST • 4pm PST • 7pm EST 9am ChST (3/20)</p> <p><b>Michael S. Liao, MSW 廖瑞璋</b> (he/him/his) Director of Programs NICOS Chinese Health Coalition</p>
<p><b>KEALAOKEKO, A CULTURAL JOURNEY OF REDISCOVERY AND SELF-RELIANCE FOR SUD TREATMENT</b></p> <p>February 20, 2024 1pm HST • 3pm PST • 6pm EST • 9am ChST (2/21)</p> <p><b>Makani Tahara</b> PhD, CSAC, ICAAC, CCK, CFP, CQVIA Director, Cultural Education and Wellness, Cultural Transformation</p>	<p><b>NOVEL DIGITAL INTERACTIVE THEATER-BASED INTERVENTION TO PROMOTE EMPATHY, MENTAL, AND EMOTIONAL WELLBEING AMONG AANHPI COMMUNITIES</b></p> <p>January 25, 2024 1pm HST • 3pm PST • 6pm EST</p> <p><b>Eunice Yuen, MD, PhD</b> Assistant Professor of Psychiatry at the Yale School of Medicine, Child and Adolescent Psychiatry at Yale New Haven Hospital, and at the Parent and Family Development Program at the Yale Child Study Center</p>	<p><b>SEVERE MENTAL ILLNESS AND DISMANTLING MENTAL HEALTH BARRIERS: CULTURALLY RESPONSIVE STRATEGIES FOR SUPPORTING ASIAN AMERICANS</b></p> <p>November 27, 2023 10am HST • 12pm PST • 3pm EST</p> <p><b>Juliann Li Verdugo, MSW, LMSW</b> (she/her) PhD Student in Social Welfare and Licensed Clinical Social Worker</p>

38 Replays Available



2,157 video views



232 hours watched

Watch replays of all our workshops, webinars, and events on our [website here](#).

# OUR HOW



**We are constantly listening, surveying, and engaging with our communities to better understand and to refocus on the needs of Asian American, Native Hawaiian, and Pacific Islander communities.**

**Members of the ‘Ohana CoE presented at the following conferences / events:**

Date	Name / Topic	Participants
7/20/23	The White House Initiative AA and NHPI Mental Health Summit	
8/28-29/23	Pathways Forward: Action Plans to Advance Asian American, Native Hawaiian, and Pacific Islander Behavioral Health	
2/7-8/24	SAMHSA NNEDLearn Technical Experts Panel	
2/18-19/24	SAMHSA Building the Behavioral Health Workforce with a Focus on Underserved Communities Technical Experts Panel	
4/23/24	AAPI Connection Club – Stanislaus State University, CA	25
4/9/24	Institute of Violence & Trauma Conference – Substance Use Professional Development	70
4/10/24	Institute of Violence & Trauma Conference – SAMHSA Panel	140
4/11/24	Institute of Violence & Trauma Conference – E hui ana na moku training	50
4/19/24	Kona MEDEX – presentation on NH substance use, harm reduction, stigma from cultural lens for physicians' assistants	50
5/7/24	Pacific Southwest MHTTC May 7 Harm Reduction Symposium Citation	599
5/14/24	Presenters at Ola Pono o Kauai – Kauai Mental Health Fair: Pilipino and Pilipino American Mental Health, Overview of the Ahupua‘a Model for Cultural Healing - Co-presenter Kawena Bagano of Alu Like Inc. & Keala Foundation	300
May 2024	Guest Presenter for Words Matter Wednesday Series - Collaboration with CoEs for Families, Aging, African Americans, LGBTQIA, AANHPI	3000
5/29/24	The Power of Asian American, Native Hawaiian and Pacific Islander Cultural Practices in Healing - Collaborative Webinar with SAMSHA	766
5/31/24	Decolonizing Mental Health for Asian Americans, Native Hawaiians, and Pacific Islanders - presented at NCORE 2024	60

**Members of the ‘Ohana CoE tabled at the following conferences / events:**

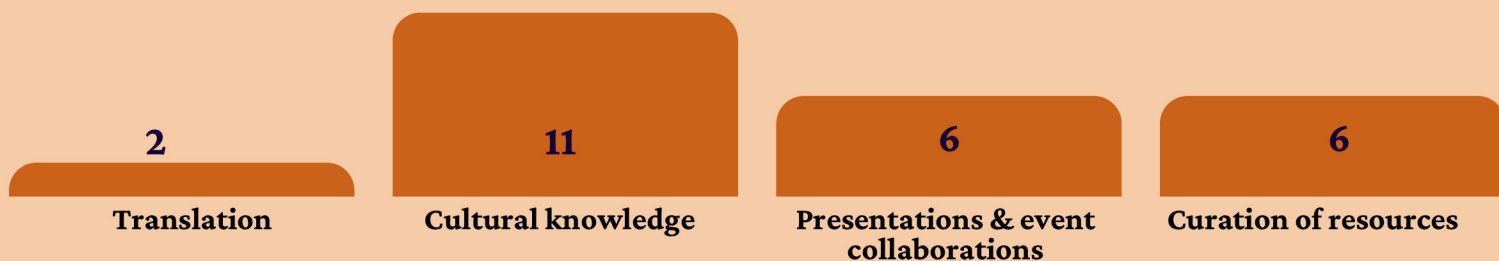
Date	Name / Topic	Participants
2/6/24	UH Practicum & Job Fair	300
4/2 - 4/6/24	Merrie Monarch Cultural Festival	5000
4/24/24	Honolulu Community College - Resource Fair	300
5/14/24	Ola Pono o Kauai – Kauai Mental Health Fair	300



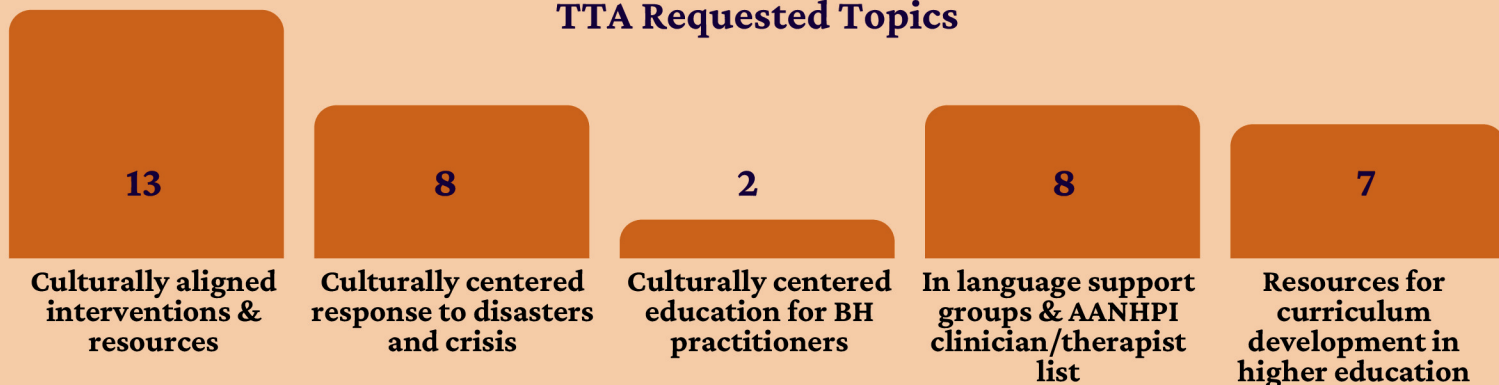
# OUR IMPACT

The 'Ohana CoE receives diverse and challenging Training & Technical Assistance (TTA) requests. The 'Ohana CoE fulfills these request with culturally and linguistically centered resources and trainings that specifically serve the needs of Asian American, Native Hawaiian, and Pacific Islander communities.

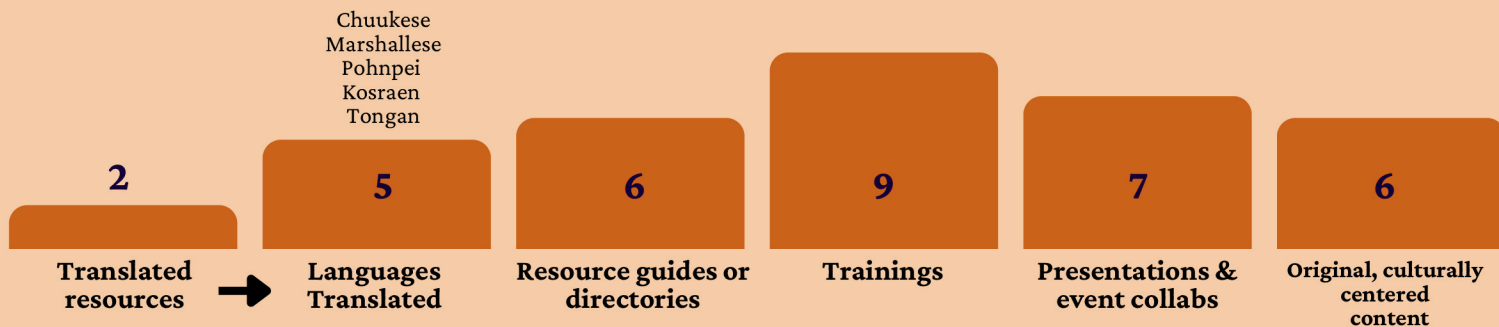
## TTA Requests Received



## TTA Requested Topics



## TTA Deliverables Produced or In Progress



TTA Requests between January 2023 - May 2024

\*NOTE: in addition to the TTA deliverables as indicated above, many of our TTA deliverables include forging relationships and introducing organizations to one another. From this work, we have created a referral network which organizations can request to be a part of. See [our website](#) for more about the referral network.

## OUR IMPACT



**People are gaining value and knowledge from the work we do at the AANHPI 'Ohana Center of Excellence that they cannot find anywhere else. The feedback we receive is a testament to how our Center of Excellence is unique.**

**“ I loved learning about the traditional plants used for wellbeing and the reminder that we are more than matter, we are energy and in western culture we are just starting to rediscover this. ”**

**“ Your intentionality with forms, impacts, & repercussions of systemic racism afforded me safety! I learned significantly more perspectives and approaches in using harm reduction that'll benefit clients, advocacy, and myself alike. It's changed how I'll show up in the world and inform my personal growth. I'll be sharing ALL I learned! ”**

**“ I appreciated learning more about indigenous perspectives and the importance of multiple paths/perspectives on healing. I liked the scope and variety of topics and presenters. ”**

**“ People speaking from a place of lived experience was very helpful. I love that you made space for people to use their lived and living experience in these conversations. Hearing the presenter speak about the importance of slowing down when we want to be fighting for those we see dying was extremely impactful. ”**

**“ This has been the only event that could clearly explain how to incorporate cultural education into SUD treatment. I have learned so much from the presenters. ”**

**“ What was most valuable was the integration of mental health issues being addressed and resolved through a cultural framework. ”**

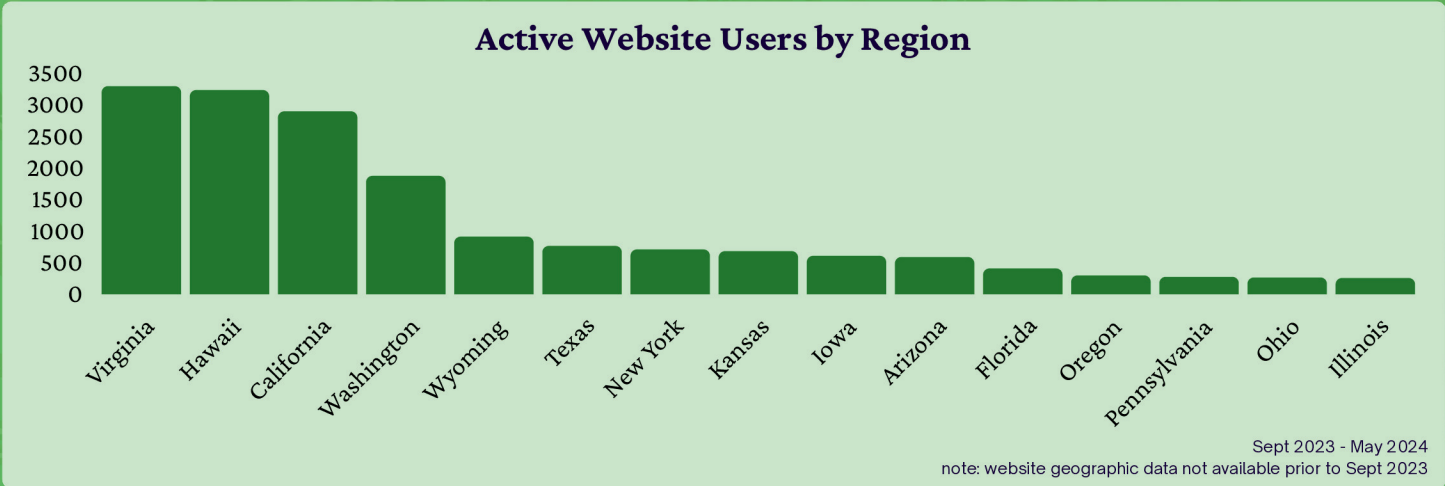
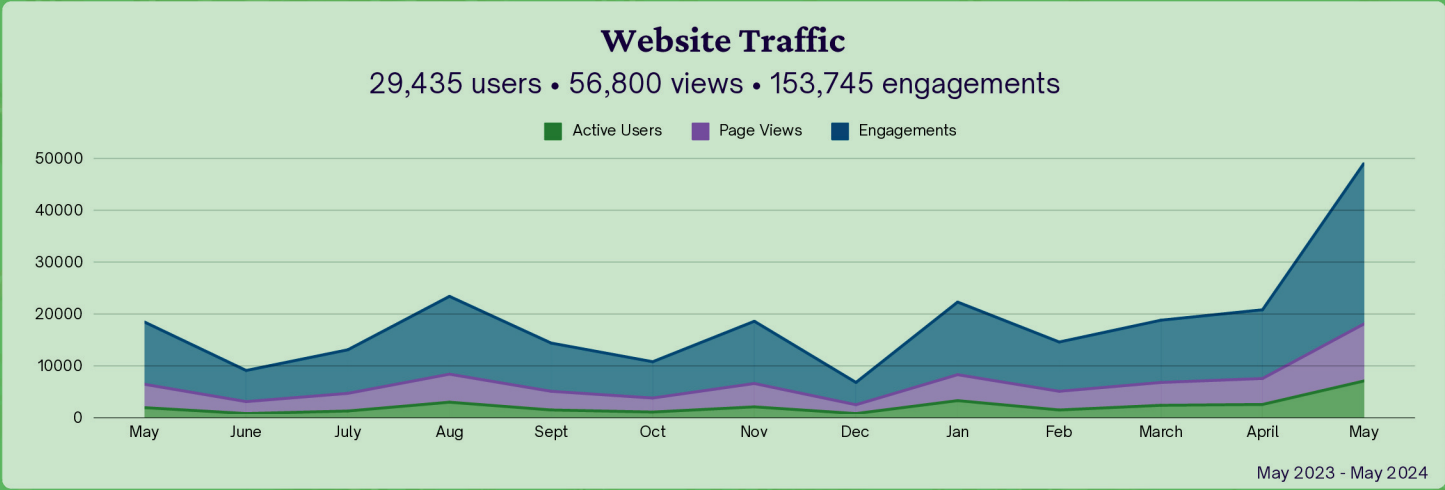
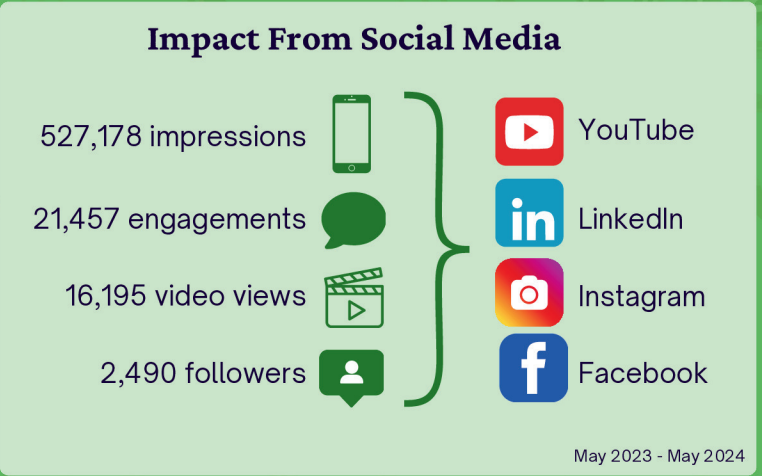
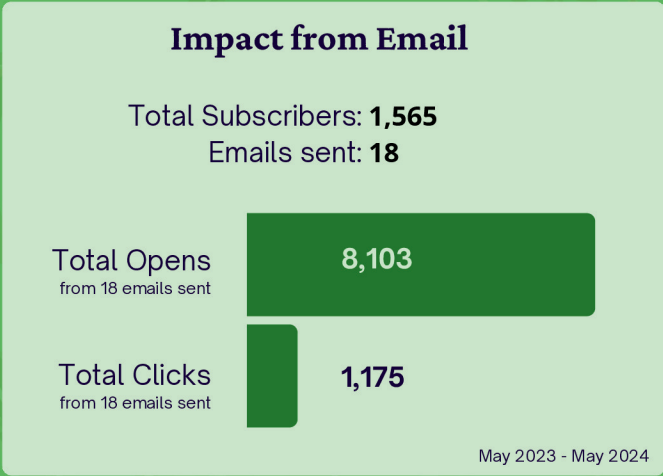
**“ The diversity and quality of the professionals which attended. The speakers were extremely knowledgeable AND well spoken. I learned new things and questioned my long held beliefs about other items. ”**





# OUR REACH

The AANHPI 'Ohana Center of Excellence is gaining popularity and reaching audiences throughout the nation, the Pacific, and the US territories. Our outreach and marketing efforts are targeted and impactful.

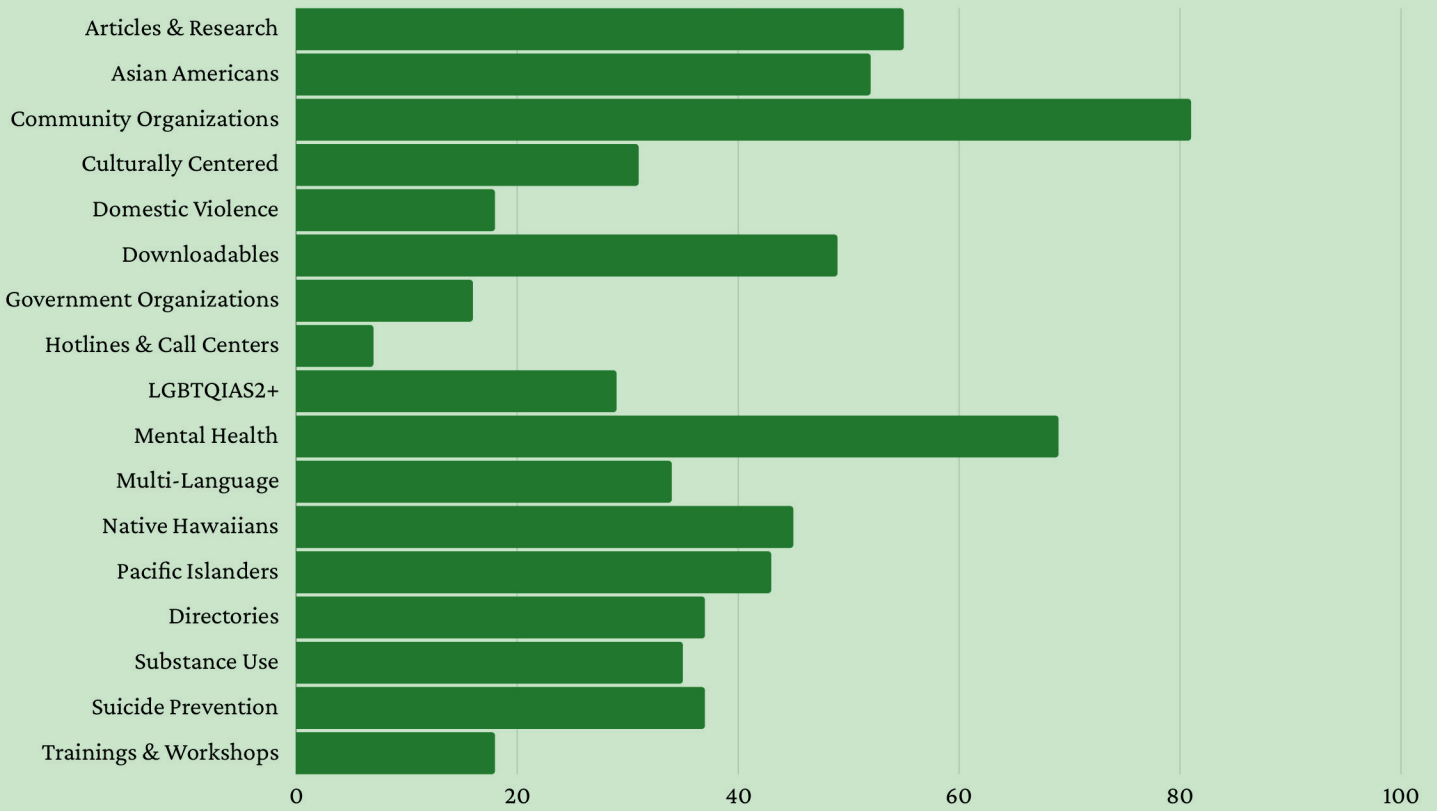




# OUR REACH

The AANHPI 'Ohana Center of Excellence's website is a hub for resources and knowledge. We have added 656 culturally centered resources, and the community is using them!

### Resources Available, by Category



### Website Traffic on Resource Pages

